What Did I Learn Today?

Individual reflection worksheet · Think, write, and share if you wish.

Name: _____ Date: _____

THINK → WRITE → SHARE WITH A PARTNER (OPTIONAL)

REFLECTION 01

Today, I found out that one barrier to effective learning is...

_____

_____

_____

REFLECTION 02

One strategy I can try is...

_____

_____

_____

Small steps lead to better study habits.

LIVEWORKSHEETS