The Human Body

The human body is amazing. It helps us move, think, and feel every day. The body has many parts, and each part has a job.

At the top of the body is the **head**. On the head we have the **eyes**, **ears**, **nose**, and **mouth**. We use our eyes to see. We use our ears to hear sounds. The nose helps us smell, and the mouth helps us eat and speak. Inside the head is the **brain**, and it helps us think and remember.

Below the head is the **neck**. The neck helps us move our head. Then we have the **shoulders**, **arms**, and **hands**. We use our arms and hands to carry things, write, and play. On the hands we have **fingers**.

In the middle of the body is the **chest** and the **stomach**. Inside the chest is the **heart**. The heart pumps blood and keeps us alive. The stomach helps us digest food.

At the bottom of the body are the **legs** and **feet**. We use our legs and feet to stand, walk, and run. On the feet we have **toes**.

All parts of the body work together to help us every day.

What do we use our eyes for?

A. To hear sounds
B. To smell food
C. To see
D. To walk

The **heart** is inside the chest and helps keep us alive.

☐ True
☐ False

Match the body part with its function.

1. Eyes	A. Walk and run
2. Ears	B. See
3. Legs	C. Hear

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