LANGUAGE CENTER
A Mengly J. Quach Education School

# Listening Worksheet

**Instructions:** Listen to the audio recording featuring three families (the Novak family, Akira Noguchi, and Dora Perez) discussing their efforts to cut back on energy consumption. Answer the 15 multiple-choice questions below by selecting the best option (A, B, C, or D).

**1.** What is the primary objective of the TV program featured in the broadcast?

A) To evaluate government policy regarding industrial emissions

B) To check in with everyday families trying to cut back on energy consumption

C) To award prizes to the most eco-friendly city in Europe

D) To investigate the environmental impact of international air travel

**2.** How has Anica Novak's family successfully reduced their carbon footprint?

A) By selling all their household vehicles and cycling to work

B) By cutting back on air travel and taking long trips only every other year

C) By installing industrial-grade solar panels on their rooftop

D) By purchasing locally grown organic produce exclusively

**3.** Why does the Novak family still rely on their car for short daily trips in Slovenia?

A) Slovenia lacks public transport and bicycle paths in major cities



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B) Slovenian law requires children to pass an exam before riding bikes on public streets, and her children are too small

C) Severe weather conditions make bicycling dangerous for most of the year

D) Anica prefers driving because it saves time in her busy schedule

**4.** What is Anica Novak's personal reason for refusing to grow her own food?

A) Soil pollution in her area prevents safe agriculture

B) She dislikes getting dirty and found gardening to be exhausting work as a teenager

C) She lives in an apartment complex with no outdoor space

D) Grocery stores in Slovenia offer cheaper produce than home gardening

**5.** How does Anica describe her lifestyle orientation at the end of her interview?

A) A dedicated rural homesteader

B) A proud suburban advocate

C) A city girl

D) A nature enthusiast

**6.** Which simple, low-effort modification did Akira Noguchi make to his refrigerator to save energy?

A) He replaced it with a solar-powered mini-fridge

B) He unplugged it completely during night hours

C) He adjusted the temperature to a mild setting

D) He stored food in airtight insulated boxes inside it

**7.** What strategy does Akira's family use regarding their laundry routine to conserve power?

A) They wash clothes using cold water only twice a month



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B) They rarely use their electrical dryer and almost always air-dry their clothes

C) They send their laundry to a commercial eco-friendly facility

D) They use a solar-powered clothes dryer on their balcony

**8.** What surprising detail did Akira discover when inventorying his home appliances?

A) His family owns 37 electrical appliances in total

B) His refrigerator consumes over half of his monthly power bill

C) None of his appliances have energy-saving modes

D) He has 15 different chargers plugged into kitchen outlets

**9.** What main difficulty does Akira face regarding unplugging unused household electronics?

A) The electrical outlets are located behind heavy furniture

B) His children insist on keeping devices plugged in continuous standby

C) He struggles to remember to unplug everything, especially during busy mornings

D) Unplugging modern smart appliances resets their software settings

**10.** Where does Dora Perez live, and what challenge does her location create?

A) In downtown Mexico City, where traffic congestion increases fuel consumption

B) In a small city near San Miguel de Allende, where limited local stores drive her to shop online

C) In a remote mountain village without access to electricity or solar power

D) On a farm near Guadalajara, where public transport is nonexistent



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**11.** How have Dora Perez and her family reduced their driving emissions when traveling locally?

A) By walking to nearby markets instead of driving

B) By purchasing an electric vehicle for family errands

C) By sharing rides (carpooling) with neighbors to school and supermarkets

D) By taking municipal buses whenever available

**12.** What eco-friendly cooking innovation has Dora successfully adopted in Mexico?

A) An induction cooktop powered by wind turbines

B) A solar cooker that uses sunlight to cook meals in a pot over 4 to 5 hours

C) A biogas stove fueled by organic kitchen waste

D) A slow cooker operating on low-voltage battery storage

**13.** Which phrasal verb used in the lesson context means 'to decrease or reduce the quantity of something consumed'?

A) Give up on

B) Cut back / cut down on

C) Rely on

D) Start out

**14.** What distinction is made in the lesson vocabulary between 'cut back on' and 'eliminate'?

A) 'Cut back on' means to stop entirely, while 'eliminate' means to reduce slightly

B) 'Cut back on' means to reduce the amount, whereas 'eliminate' / 'give up' means to remove or stop completely

C) Both terms mean exactly the same thing and are fully interchangeable in formal English



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D) 'Eliminate' applies only to financial budgets, while 'cut back' applies to food

**15.** Based on the recording, which energy-saving practice was successfully adopted by ALL THREE interviewed parties?

A) Air-drying clothes on clotheslines

B) Completely eliminating air travel

C) Taking actionable steps to reduce or cut back on overall energy/resource usage

D) Unplugging 37 appliances every morning



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