WORKPLACE ENGLISH 1

Health and Safety at Work

Reading • Vocabulary • Grammar • Listening | CEFR A1

Name: _____ Date: _____

Learning goals

- I can understand basic workplace safety words.
- I can read a short text about a safe worker.
- I can use the simple present: affirmative, negative, and questions.
- I can listen for key information about health and safety.

Safety first! Wear your PPE, follow the rules, and ask for help.

PPE = personal protective equipment (equipo de protección personal).

1. Vocabulary: Safety at work

Match the English word with the Spanish meaning. Write the letter in the box.

English word	Spanish meaning
1. helmet	a. guantes
2. gloves	b. casco
3. safety glasses	c. chaleco de seguridad
4. safety vest	d. gafas de seguridad
5. boots	e. botas
6. first-aid kit	f. botiquín de primeros auxilios
7. warning sign	g. señal de advertencia
8. fire extinguisher	h. extintor

Useful verbs

wear = llevar puesto • wash = lavar • report = informar • check = revisar • use = usar • follow = seguir

A. Choose the correct word

1. You wear a _____ on your head. (helmet / gloves) Answer: _____
2. You use a _____ to stop a small fire. (fire extinguisher / first-aid kit) Answer: _____
3. You _____ an accident to your supervisor. (report / wear) Answer: _____
4. You _____ your hands before eating. (wash / check) Answer: _____
5. You wear _____ to protect your eyes. (safety glasses / boots) Answer: _____

2. Reading: A safe worker

Read the text. Then answer the questions.

LIVEWORKSHEETS

Maria works in a small factory. She starts work at 8:00. Before work, she checks her safety equipment. She wears a helmet, safety glasses, gloves, and safety boots. She follows the safety rules. She does not use her phone at work. She reports problems to her supervisor. At lunch, she washes her hands. Maria wants to be healthy and safe.

A. Answer the questions

6. Where does Maria work? _____
7. What does she wear? _____
8. What does she not use at work?
   _____
9. Who does she report problems to?
   _____
10. When does she wash her hands?
    _____

B. True or false

☐ Maria starts work at nine o'clock. True / False
☐ Maria wears gloves. True / False
☐ Maria uses her phone at work. True / False
☐ Maria reports problems to her supervisor. True / False
☐ Maria washes her hands at lunch. True / False

3. Grammar: Simple present

Use the simple present for routines and facts.

Affirmative (+)	Negative (–)	Interrogative (?)
I/You/We/They wear gloves.	I/You/We/They do not (don't) use a phone.	Do you wear a helmet?
He/She wears boots.	He/She does not (doesn't) smoke.	Does she follow the rules?

Remember: he / she / it + verb + s → She checks. But: Does she check? She doesn't check.

A. Complete the sentences

11. Maria _____ (wear) safety glasses. Answer: _____
12. Workers _____ (wash) their hands. Answer: _____
13. He _____ (check) the fire extinguisher. Answer: _____
14. They _____ (report) accidents. Answer: _____
15. The supervisor _____ (follow) the safety rules. Answer: _____

B. Make the sentences negative

16. I use my phone at work. → I _____.
17. She smokes in the factory. → She _____.
18. They ignore the warning sign. → They _____.

C. Write questions

19. you / wear / a helmet? → _____?
20. she / check / the equipment? → _____?
21. workers / follow / the rules? → _____?

LIVEWORKSHEETS

4. Listening: Be safe at work

Listening audio: Click here to listen

Listen to your teacher twice. First, listen for the general idea. Second, listen and complete the sentences.

A. Choose the correct answer

The worker is in a: ☐ factory ☐ school ☐ hospital

The worker wears: ☐ a helmet and gloves ☐ sandals ☐ a suit

Before lunch, the worker: ☐ washes hands ☐ calls a friend ☐ goes home

B. Complete the sentences

22. The worker starts work at _____ o'clock. Answer: _____
23. The worker checks the _____ before work. Answer: _____
24. The worker does not use a _____ in the work area. Answer: _____
25. If there is a problem, the worker tells the _____. Answer: _____

C. Listening true or false

☐ The worker wears safety boots. True / False

☐ The worker eats in the work area. True / False

☐ The worker follows the safety signs. True / False

☐ The worker reports problems. True / False

5. Review: What do you remember?

Complete the mini-dialogue with the words in the box.

helmet • gloves • wash • report • rules

26. A: Do you wear a _____? B: Yes, I do.
27. A: Do you _____ your hands? B: Yes, before lunch.
28. A: Do you follow the safety _____? B: Yes, always.
29. A: What do you do when you see a problem? B: I _____ it.
30. A: Do you wear _____? B: Yes, on my hands.

My safety checklist

☐ I know five safety words. Easy / OK / I need more practice

☐ I can use "do not / don't". Easy / OK / I need more practice

☐ I can ask a simple present question. Easy / OK / I need more practice

☐ I can understand the main idea of a short listening. Easy / OK / I need more practice

LIVEWORKSHEETS