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Exercise 1 : Listening and Reading.

A Team Project and a New Challenge

Last month, a group of teenagers at Green Valley School decided to create a digital campaign about environmental protection. They wanted to encourage students to recycle plastic and save water. Before they presented their idea to the principal, they had been discussing different solutions for several weeks. Everyone had a different opinion, so organizing the project was not easy.

Mia, the team leader, suggested creating short videos for social media. The students had been collecting information about pollution before they chose this idea. They divided the tasks: some students wrote scripts, others designed posters, and two classmates recorded videos. Mia had been working on the presentation for hours before she realized that the team needed more examples.

During the following weeks, the group worked hard. They have been sharing their videos with classmates, and several students have been asking questions about recycling. The campaign has been receiving positive comments. However, the team has not been resting much because they have been preparing for a school exhibition.

On exhibition day, the students explained their campaign to teachers and parents. They felt proud because they had been working together for a long time. Their teacher congratulated them on their creativity and organization. The project taught them that teamwork takes patience and effort, but it can help people achieve important goals.

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Exercise 2 : Reading Comprenhension.

Instructions: Answer each question in complete English sentences using information from the reading.

1. What was the main goal of the campaign?
- To promote environmental protection.
- To organize a sports competition.
- To teach students how to use computers.

2. What had the students been doing before they presented their idea?
- They had been recording a music video.
- They had been discussing different solutions.
- They had been visiting other schools.

3. Who suggested creating short videos?
- The principal.
- The science teacher.
- Mia.

4. Why did Mia need more examples?
- To improve the presentation.
- To change the school principal.
- To cancel the exhibition.

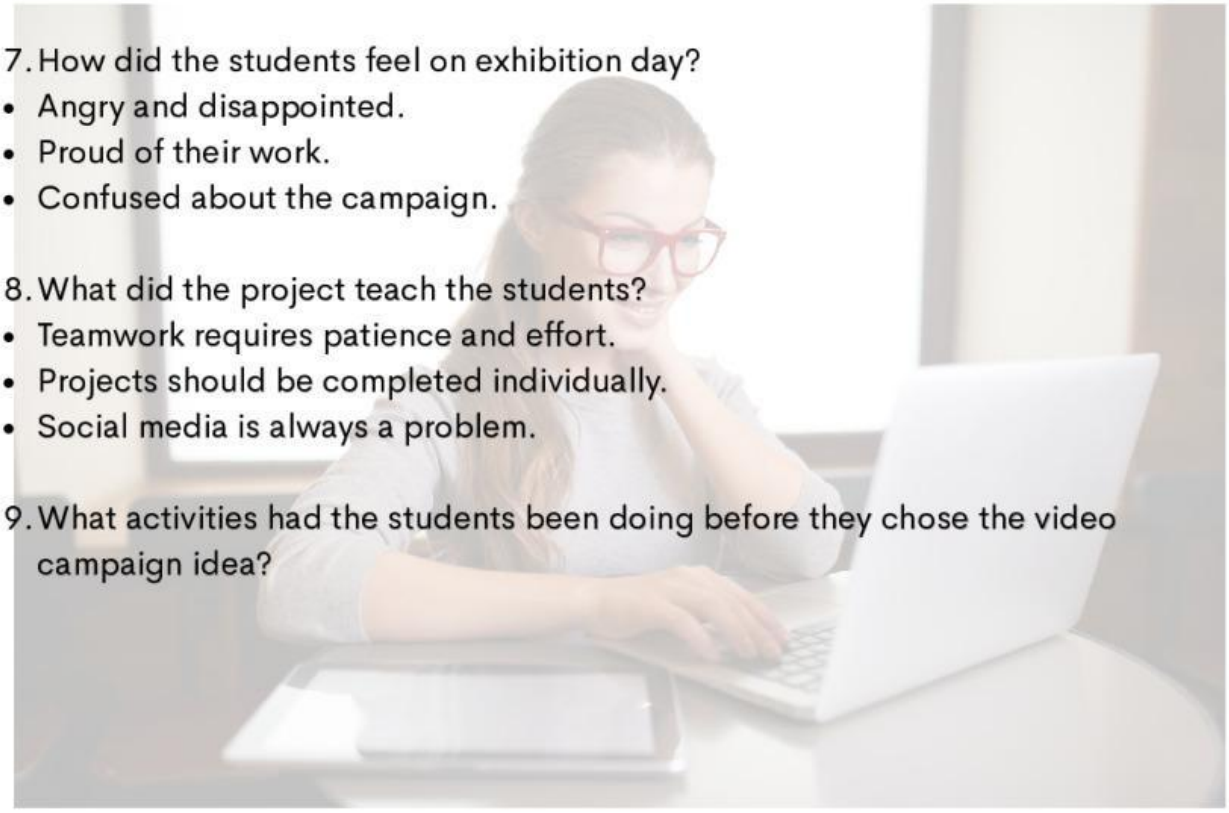
5. What have several students been doing?
- Asking questions about recycling.
- Leaving the school.
- Designing a new classroom.

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6. Why had the team not been resting much?
- They had been preparing for a school exhibition.
- They had been playing sports.
- They had been studying a new language.



7. How did the students feel on exhibition day?
- Angry and disappointed.
- Proud of their work.
- Confused about the campaign.

8. What did the project teach the students?
- Teamwork requires patience and effort.
- Projects should be completed individually.
- Social media is always a problem.

9. What activities had the students been doing before they chose the video campaign idea?

10. Why was teamwork important for the students' environmental campaign?

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Exercise 3 : IDENTIFY AND CORRECT THE ERROR

Instructions: Read each sentence carefully. Identify the grammatical mistake and rewrite the sentence correctly.

1. They has been studying for two hours.
•
2. She have been practicing the piano since Monday.
•
3. We had been play soccer before it started raining.
•
4. Had he been waiting for the bus since two hours?
•
5. I haven't been sleep well recently.
•
6. They hadn't studying for the exam before the teacher arrived.
•
7. Has your friends been working on the project all day?
•
8. She had not been practicing since three hours before the concert.
•
9. Had been the students working before the class started?
•
10. He has been running for 30 minutes yesterday.
•

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Exercise 4 : PUT THE WORDS IN ORDER

Instructions: Put the words in the correct order to form a grammatically correct sentence. sentences

1. for / has / she / been / studying / three hours
•
2. been / they / haven't / practicing / lately
•
3. before / had / been / we / working / the teacher / arrived
•
4. you / have / been / exercising / how long / ?
•
5. hadn't / he / been / sleeping / well / before / the exam
•
6. been / had / waiting / they / for an hour / ?
•
7. has / my brother / been / learning / English / since 2024
•
8. hadn't / she / been / using / her phone / before / the accident
•
9. been / had / the team / training / for weeks / before / the competition
•
10. had / not / been / you / studying / before / the test / ?
•

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Exercise 5 : COMPLETE THE SENTENCES..

Instructions: Complete each sentence with the correct form of the verb in parentheses. Use the Present Perfect Continuous or the Past Perfect Continuous.

1. Maya _____ (practice) for two hours, and she is still practicing.

2. We _____ (not / play) video games lately because we have exams.

3. _____ your brother _____ (train) before the competition began?

4. The students _____ (work) on their science project for three weeks before they presented it.

5. I _____ (not / sleep) well recently, so I feel tired.

6. How long _____ you _____ (learn) English before you moved to Mexico?

7. Alex _____ (listen) to music all afternoon, and he is still listening.

8. They _____ (not / study) before the teacher gave them the surprise test.

9. _____ she _____ (use) her laptop for a long time before it stopped working?

10. . By the time the match ended, the players _____ (run) for almost two

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Exercise 6 : IDENTIFY THE TENSE AND ITS USE

Instructions: Read each sentence. Identify the tense and choose the correct grammatical explanation.

1. I have been learning English for three years.
- An activity started in the past and continues now.
- An activity finished before another past event.
- A daily routine.

2. She had been studying before her mother arrived.
- An action happening right now.
- An activity that continued before another past event.
- A completed experience with no duration.

3. They have been playing football all afternoon.
- A future plan.
- An activity that happened before a past event.
- An activity continuing or recently happening, with emphasis on duration.

4. He had been working for two hours when the computer crashed.
- An activity that began after the computer crashed.
- An activity that had continued up to a past event.
- A present routine.

5. We haven't been using social media lately.
- A recent or ongoing activity that has not been happening.
- An activity completed before a past moment.
- A permanent habit.

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Exercise 7 :LISTENING COMPREHENSION

Instructions: First, listen to the audio, then read the questions and choose the correct answer.

1. What has Daniel been practicing?
- The drums.
- The guitar.
- The piano.

2. How long had the band been practicing the first two songs before receiving the final song?
- Almost a month.
- Two weeks.
- One year.

3. What had the band not been doing before joining the festival?
- Playing together.
- Practicing after school.
- Performing in front of a large audience.

4. What happened during the rehearsal in the auditorium?
- The sound equipment stopped working.
- The band forgot all the songs.
- The teacher canceled the festival.

- Which sentence uses the Past Perfect Continuous correctly to describe an earlier activity?
- We have been checking the sound.
- We had been setting up the equipment for an hour when the sound stopped.
- We are setting up the equipment now.

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