05 RELAX

In this unit, you learn how to:
- introduce negative comments
- make plans and arrange what to do
- talk about watching and doing different sports
- form common nouns from adjectives

Grammar
- *might*, present continuous, *be going to* + verb
- Superlatives

Vocabulary
- Activities, places and equipment
- Sports and games verbs
- Forming words

Reading
- Sports around the world

Listening
- Plans for the weekend
- The reasons for football's popularity
- Having a nap

SPEAKING

A Work in groups. Discuss these questions.
- Are the activities in the pictures relaxing? Why? / Why not?
- Which of the things in the pictures do you do? How often? Which do other people you know do?



VOCABULARY
Activities, places and equipment

A In pairs, complete the table with the words in the box.

Activity	Clothes	Equipment	Place
dance classes	boots	racket	golf course

basketball	fishing	tennis court
bat	running track	golf clubs
trainers	football pitch	pool
shorts	cycling	cards
net	Pilates	walking

B Which words from exercise A could complete each question below? Notice the collocations and grammar.
1 Do you want to **go** ..... with me on Sunday?
2 Are you **playing** ..... this weekend?
3 Have you ever **done** .....?
4 **Is there a** ..... anywhere near here?
5 Do you **have a** ..... I could borrow?
6 Do you **have any** ..... I could borrow?

C Ask and answer the questions. Give true answers.
A: Do you want to go *fishing* with me on Sunday?
B: I'd love to. Where are you going to go?
or
B: Maybe, but I've never been before.
or
B: No thanks. I don't really like fishing.

LISTENING

You are going to hear a conversation between Corinne and her friend, Maribel, who is visiting her for the weekend. It's Thursday.

A 5.1 Listen and tick ✓ the things they talk about doing.
- relaxing and doing nothing special
- buying a few things
- taking a flight
- watching a sports event
- doing some exercise
- going to a dance class
- going on a trip to the country
- going to a swimming pool

B Work in pairs. Discuss these questions.
- Which three reasons does Maribel give for not agreeing to Corinne's plan for Sunday?
- What reasons does Corinne give for her plan?

C Listen again to check your ideas.

NATIVE SPEAKER ENGLISH

gear

We use *gear* to talk about the special equipment and clothes you need or wear for a particular activity.

I haven't got my swimming gear with me.
We just hired all the gear when we went skiing.
He wears all the latest cycling gear.

LIVEWORKSHEETS







SPEAKING

A Work in groups. Discuss these questions.

- Would you go on the Sunday trip if you were Maribel?
- What time do you usually get up at the weekend?
- Do you prefer swimming in a pool or the sea? Why?
- Where's the nicest place you've been walking, running or swimming?

DEVELOPING CONVERSATIONS
Introducing negative comments

We often add a short expression before stating things that are negative in some way. For example:

I must admit, I'm a bit soft.
To be honest, I'd prefer a park.
I have to say, I hate sport.

A Tell a partner about negative characteristics you have using *I must admit / I have to say / To be honest*. Use some of the adjectives in the box.

messy	soft	bad with money	unreliable
lazy	unfit	a bad loser	conservative

B Use the sentence starters in bold to tell a partner six negative things.
I must admit, I hate golf.
I have to say, I can't stand Julia Roberts.
To be honest, I think studying **is a waste of time.**

GRAMMAR *might*, present continuous, *be going to* + verb

A Match two items from 1–6 to each of the following:
a a future arrangement with people
b a definite personal plan for the future
c a possible plan not fully decided

1 Are you playing basketball this weekend?
2 What are you going to do while you're here?
3 I'm going to take it easy.
4 I might go shopping.
5 Some important clients are coming.
6 What time are you thinking of leaving?

▶ **Need help? Read the grammar reference on page 144.**

B Put the words in 1–3 a and b into the correct order to make questions.
1 We're having a picnic on Sunday, if you're interested.
a else who going is?
b going are where it to you have?
2 I might go to watch Halifax play on Saturday.
a are who playing they?
b of when tickets thinking are you getting the?
3 My friend Jane's going to come and visit.
a long how she stay going is to?
b you are while of what doing she's thinking here?

C In pairs, have the conversations in exercise B.

D Change words in 1–6 below so they are true for you. Use *might* if the plan is not fully decided. For example:
I'm meeting some friends for a drink on Friday.
I might meet a friend for lunch tomorrow.

1 I'm meeting a friend for a drink tomorrow.
2 I'm going to the cinema at the weekend.
3 My grandparents are coming round for dinner tonight.
4 I'm going to stay in and study tomorrow night.
5 I'm playing basketball on Thursday.
6 A friend of mine is having a party on Friday night.

E Tell your partner your sentences from exercise D. Your partner should ask questions to find out more.

CONVERSATION PRACTICE

You are going to have similar conversations to the one in *Listening*. Student A is the host; student B is the visitor.

A Before you start, decide where B is visiting and what activity A suggests. Then decide what to say using the chart in File 18 on page 159.

B Role-play the conversation.

LIVEWORKSHEETS