Homework



About Food Travel Technology More

Plastic-free shopping

A .....

Plastic is one thing that you see in most supermarkets. Juice and water, bread and biscuits, vegetables and meat – they are all in plastic. It helps food stay fresh and it makes shopping easy and fast. Like it or not, plastic is a part of our everyday food shopping experience.

B .....

Now that is starting to change. More and more shops in the UK and other countries are finding ways to make shopping plastic-free. One example is The Clean Kilo, a supermarket in Birmingham. It sells food without using any plastic bags or bottles. Customers bring their own containers and fill them with food in the shop. This reduces plastic because you can reuse your containers many times. You only buy what you need. Regular supermarkets often sell food in large containers and a lot of food goes into the rubbish bin. At The Clean Kilo, you can buy just two potatoes, or a small amount of coffee and there's no waste.

C .....

The system is very easy. First, you weigh your container on a type of computer. You can use a clean jam or yoghurt container. The computer calculates the weight. Then you put some food or drink in your container. There are hundreds of products in the supermarket. You can buy some cereal, nuts, oil or coffee, and also cleaning products, like washing-up liquid. When you have the food you want in your container, you weigh it again and the computer gives you the price without the weight of the container.

D .....

The Clean Kilo is part of a revolution in food shopping. Other plastic-free shops in the UK include Natural Weigh in Crickhowell in Wales and Earth. Food. Love in Devon. They want us to change the way we shop for food. They're showing us that plastic-free shopping is possible.

LIVEWORKSHEETS

Read the article and match the headings (1–4) to the paragraphs (A–D).

1 Are there any other plastic-free supermarkets?
2 How does The Clean Kilo work?
3 What is The Clean Kilo?
4 Plastic is everywhere.

25 Read the article again. Are these sentences True (T) or False (F)? Write the number of the line(s) where you find the answer.

1 There are no positive things about using plastic in food shopping. T / F.....
2 The Clean Kilo doesn't permit any plastic in its shop. T / F.....
3 The Clean Kilo doesn't give customers bags or bottles for their food. T / F.....
4 According to the text, people often buy food that they don't need in normal supermarkets. T / F.....
5 The Clean Kilo only sells food. T / F.....
6 You have to pay extra when you use your own bags or bottles at The Clean Kilo. T / F.....
7 The Clean Kilo isn't the only plastic-free shop in the UK. T / F.....

Match the underlined words in the text to the definitions.

1 a box or bottle we use to hold things .....
2 use something again .....
3 make something small .....
4 a very important change .....
5 find out how heavy something is .....
6 extra material that you don't use or throw away .....

LIVEWORKSHEETS

Complete the sentences with the correct form of the words

1 Don't put those paper bags in the bin. We can ..... them.

2 This bag of apples is very heavy. How much does it ..... ?

3 I'm trying to ..... the amount of sugar I eat. It's not good for my health.

4 Food ..... is a big global problem. We produce a lot of food, but we don't eat it all.

5 We always put any extra food into a plastic ..... and keep it in the fridge.

6 We need a ..... in our shopping habits to stop plastic pollution.



LIVEWORKSHEETS