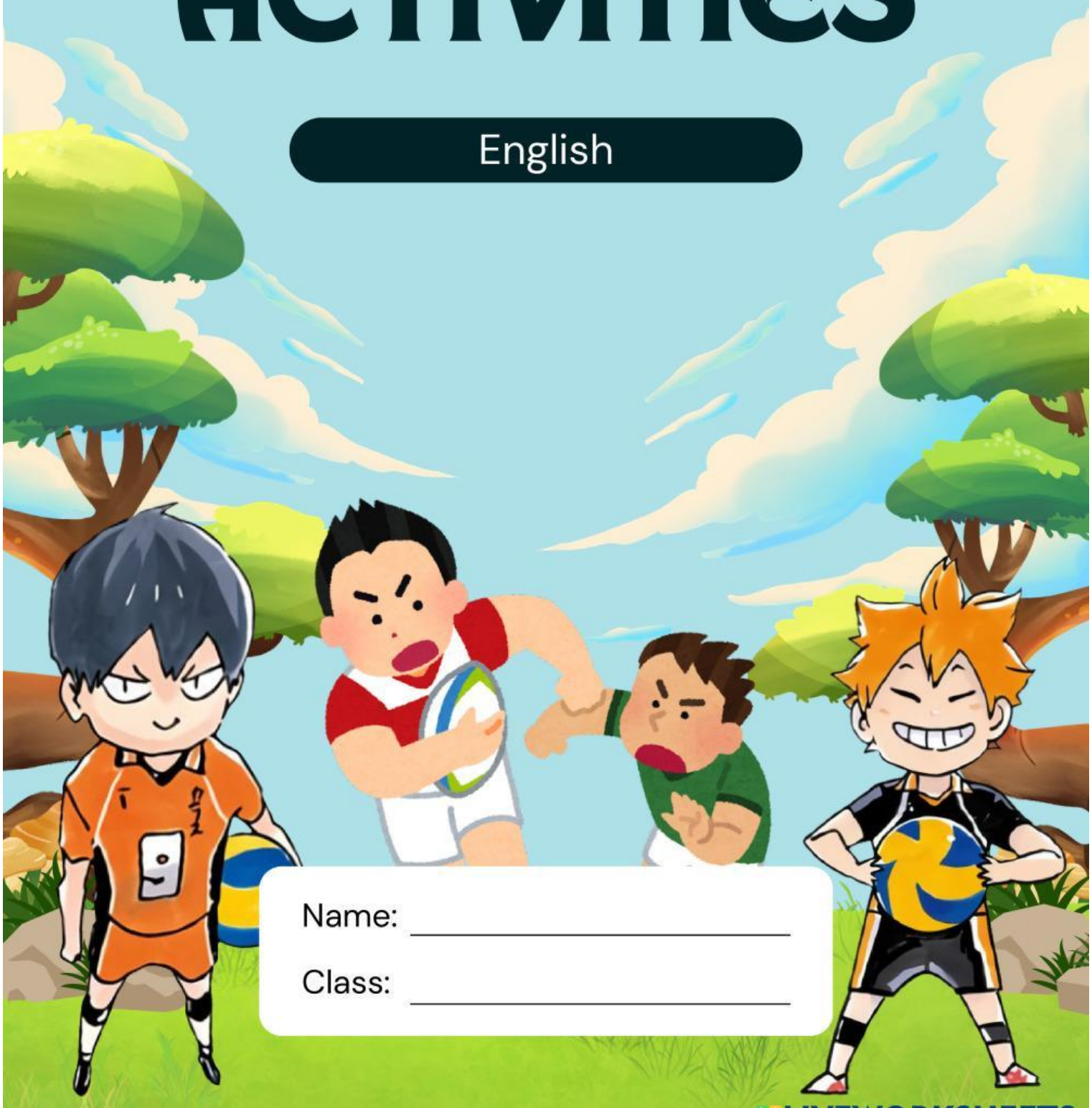
Worksheet

# DAILY ACTIVITIES

English



Name: _____

Class: _____

LIVEWORKSHEETS

# A. Multiple Choice

Choose the correct answer.

1. **What sport does Alex play?**
   A. Football
   B. Basketball
   C. Voleyball
   D. Badminton
2. **What time does Alex usually wake up?**
   A. 4 a.m.
   B. 5 a.m.
   C. 5 p.m.
   D. 4 p.m.
3. **What does Alex do before practicing?**
   A. He does his homework.
   B. He has dinner.
   C. He warms up and stretches.
   D. He goes to school.
4. **How long does Alex usually practice?**
   A. One hour
   B. Two Hours
   C. Three Hours
   D. Four Hours
5. **What does Alex do in the evening?**
   A. He attends classes.
   B. He plays basketball at school.
   C. He prepares breakfast.
   D. He does his homework.

LIVEWORKSHEETS

# B. Put Activities in Order

Write numbers 1–5 to show the order of Alex's activities.

___ He goes to basketball training.

___ He wakes up in the morning.

___ He does his homework.

___ He attends classes at school.

___ He has dinner with his family.




LIVEWORKSHEETS

# Reading

Read Carefully!

**Rafa's Daily Routine**

Rafa is a grade-eleven student who enjoys swimming. He wakes up at half past four on training days. First, he prepares his swimming equipment and eats breakfast. He goes to school in the morning and attends his classes. After school, he goes to the swimming pool three times a week. His coach guides him through warm-up exercises and swimming practice.

When he gets home, Rafa rests and eats dinner. He usually studies for one hour before going to bed at nine thirty. On days without training, he spends more time doing school assignments. He believes that a good routine helps him balance school, sports, and rest.

LIVEWORKSHEETS

# A. True or False

Mark with a check ✅ whether the statement is true or false!

Rafa enjoys swimming.

TRUE

FALSE

He trains at the swimming pool every day.

TRUE

FALSE

His coach guides him during practice.

TRUE

FALSE

Rafa usually goes to bed at 9:30 p.m.

TRUE

FALSE

He spends more time on school assignments on days without training.

TRUE

FALSE

LIVEWORKSHEETS