

Sarah's Health & Fitness Club

Questions

Questions 1–5 Form Completion

Complete the form below.

Write NO MORE THAN TWO WORDS AND/OR A NUMBER for each answer.

SARAH'S HEALTH & FITNESS CLUB

MEMBERSHIP FORM

<i>Example</i> First name:	<i>Harry</i>
Last name:	1 _____
Date of Birth:	Day: <i>11th</i> ; Month: <i>December</i> ; Year: 2 _____
Type of Membership:	3 _____
Activities:	<i>Badminton</i> and 4 _____
Payment details:	Total: £450 To be paid 5 _____

Questions 6–10 Form Completion

Answer the questions below.

Write NO MORE THAN TWO WORDS for each answer.

Lifestyle questionnaire

What exercise do you do regularly?	6 _____
Do you have any injuries?	<i>has a</i> 7 _____
What is your goal or target?	<i>a better</i> 8 _____
What is your occupation?	<i>a</i> 9 _____
How did you hear about the club?	10 _____