

THE WAY WE LIVE

LESSON 2 | B1 / B1+ | VOCABULARY & GRAMMAR

EXERCISE 1 • Complete the sentences

Complete the sentences with the expressions from the box. Change the form if necessary.

run on empty · hit the snooze button · catch up on · run a few errands · throw together · switch off · juggle · get through

1. I've been working so much lately that I feel like I'm _____.
2. I was so tired this morning that I _____ three times before getting up.
3. I have so many unread emails. I really need to _____ them.
4. After work, I need to _____ before I can go home.
5. I didn't have time to cook properly, so I just _____ a quick dinner.
6. Even when I'm on holiday, I find it difficult to _____ completely.
7. Working parents often have to _____ several responsibilities at once.
8. It's been a difficult week, but at least I managed to _____ it.

EXERCISE 2 • Say it more naturally

Rewrite the sentences using the expressions in brackets. Keep the original meaning.

1. I often stay in bed longer on Sunday mornings. (sleep in)

2. I'm always in a hurry before leaving for work. (be in a rush)

3. I want to find more time for my hobbies. (make time for)

4. I usually buy some food on my way home. (pick up some groceries)

5. I often spend an hour on social media without planning to. (end up)

6. I sometimes find it difficult to manage all my responsibilities. (struggle to keep up with)

7. I was so exhausted that I sat down heavily on the sofa. (collapse on)

8. I usually relax by listening to music after work. (unwind)

EXERCISE 3 • Stative vs Dynamic Verbs

Choose the correct form. Then explain why it is correct.

1. I think / am thinking my daily routine is too stressful.
2. I think / am thinking about changing my working hours.
3. My manager usually is / is being very supportive, but this week she's unusually demanding.
4. I have / am having trouble concentrating these days.
5. This new schedule seems / is seeming much more manageable.
6. I see / am seeing my colleague tomorrow to discuss our project.
7. I don't understand / am not understanding why I feel so tired lately.
8. You're unusually quiet. What do you think / are you thinking about?
9. I prefer / am preferring working in the morning.
10. My colleague is / is being unusually impatient today.