

Problem & Advice Writing



Instructions: Read the health problems below. Write a sentence of advice for each person using "**should**" or "**shouldn't**" and the given cues.

Vocab

eat a balanced diet, drink enough water, exercise regularly, get enough sleep,
wash hands before meals, eat junk food, stay up late,
skip breakfast, spend too much time on screens, sit for too long

- 1** Problem: Mint plays mobile games until 2:00 AM every night during weekdays.
Your advice: _____
- 2** Problem: Bank plays football outside in the hot sun and feels thirsty and dizzy.
Your advice: _____
- 3** Problem: Jane looks at her tablet playing games for 6 hours straight every day.
Your advice: _____
- 4** Problem: John only eats fast food and meat, hating vegetables and fruits.
Your advice: _____
- 5** Problem: Nick loves eating potato chips and candy every day.
Your advice: _____
- 6** Problem: Dome feels very weak and tired because he sits all day and never plays sports.
Your advice: _____
- 7** Problem: Anna sits on the sofa watching TV all afternoon without standing up.
Your advice: _____
- 8** Problem: May feels exhausted and falls asleep during class every morning.
Your advice: _____
- 9** Problem: Palm wakes up late and rushes to school every morning without eating anything.
Your advice: _____
- 10** Problem: Ken often gets a stomachache because he eats food immediately without cleaning his hands.
Your advice: _____

Name: _____ Class: _____