

1 Match the definitions to the verbs in the box.

cool down	cut out	eat out
eat up	fill up on	go off
live on		heat up

- when food is too old and is no longer suitable to eat go off
- to eat in a restaurant _____
- when the temperature of something reduces _____
- to make food hot _____
- to remove a food or drink from your diet _____
- to eat mainly one type of food _____
- to eat in order to stop feeling hungry _____
- to finish eating some food _____

2 Complete the sentences with the correct form of the verbs in the box.

cool down	cut out	eat out
fill up on	go off	heat up

- Why don't we eat out on Friday – we could try that new Italian restaurant?
- Have you _____ the pasta in the microwave yet, or shall I do it?
- I can't drink my coffee yet, it's too hot– it needs to _____.
- I really don't think I can eat this – it smells like it's _____.
- He used to _____ apples and bananas if he was hungry between meals.
- The doctor told him to _____ red meat from his diet and eat more vegetables.

3 Complete the sentences with the adverb form of the words in brackets.

- It was Saturday morning, so the supermarket was incredibly (incredible) busy.
- Tom has become _____ (complete) vegetarian and doesn't eat any meat or fish at all now.
- We _____ (typical) get around 40 to 50 customers a night at this restaurant.
- We don't _____ (necessary) have to eat out at a restaurant, we could have a picnic in the park.
- He _____ (sensible) decided not to accept the offer.
- I had to change my diet _____ (dramatic) when I found out I had diabetes, but I can still eat cheese and fruit.
- My brother apologised and said he was _____ (deep) sorry for what he'd done.

- They would _____ (happy) eat sweets all day long if we let them!

4 Put the words in the correct order to make sentences.

- accidentally / dropped / I / the box / and / is ruined / the cake / on the floor
I accidentally dropped the box on the floor and the cake is ruined.
- recipe / This / complicated / is not / to follow / terribly

- eat / said / Basically, / more / should / you / fruit / the doctor

- read / was / I / extremely / her blog / impressed / when / I / last night

- Travelling / physically / makes / sick / me / feel / back of a bus / at the

- on the menu, / a great selection / merely / four dishes / There are / that's not

5 Choose the correct options.

- A:** Have you ever done any cooking?
- B:** Yes, lots. At the weekend I help cook lunch. I used to just cut up vegetables or ¹ heat up things, but now I often cook a meal. Dad likes that, he says it feels like he's ² _____ at home!
- A:** So, you enjoy cooking?
- B:** Yes, I do. It's fun planning what to eat. I would ³ _____ cook every day if I had the time. What about you?
- A:** No! None of us cook. We ⁴ _____ ready-made meals.
- B:** No wonder you're always ⁵ _____ do things. You need to change your diet ⁶ _____! I could show you how to make some simple, healthy dishes that require little ⁷ _____. That way you could ⁸ _____ the ready-made meals.
- A:** Thanks.

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|-------------------------|------------------------|
| 1 A heat up | B cool down |
| 2 A eating up | B eating out |
| 3 A completely | B happily |
| 4 A go off | B live on |
| 5 A too tired to | B so tired that |
| 6 A basically | B dramatically |
| 7 A preparation | B registration |
| 8 A cut out | B go off |