

1 How many verbs can you match with 1-3?

EP

break catch cut feel get
have hurt injure be

1 a cold

2 sick

3 your leg

2 Choose the two correct answers.

- 0 I was quite ill yesterday, but I'm ___ better now.
A catching (B) feeling (C) getting
- 1 Ouch! My throat _____.
A injures B feels sore C hurts
- 2 My sister ___ ill last night.
A was B caught C felt
- 3 He's never ___ flu.
A caught B had C felt
- 4 I've ___ my ankle.
A broken B caught C injured
- 5 Be careful. Don't ___ your thumb.
A cut B get C hurt
- 6 My uncle ___ his shoulder last week.
A got B broke C hurt

3 Complete the conversations with the correct form of the verbs. Then listen and check.

break hurt injure

Doctor: What seems to be the problem?

Zac: My finger really ¹ _____. I ² _____ it last night when I was playing football.

Doctor: Let me see. Can you move it at all?

Zac: Yes, a bit.

Doctor: OK, so you haven't ³ _____ it. But we need to ...

catch feel have (got) have (got)

Niall: What are you going to do this weekend?

Anna: Not much! I ⁴ _____ flu. I started to ⁵ _____ ill on Thursday, and now I'm exhausted. I ⁶ _____ a fever at the moment, and aches in my arms and legs.

Niall: Is anyone else in your family ill?

Anna: No, but my sister was ill last week, so maybe I ⁷ _____ it from her.

4 Student A

- Say the sentence and act the injury. Student B has to guess what's wrong. (Student B can only ask questions that have Yes/No answers.)

Say: "Ow, my head!"

Act: Put one hand over your right eye and moan with pain.

Answer: You walked into a door and cut your forehead.

B: *Have you got a fever?*

A: *No, I haven't.*

- Guess what's wrong with Student B. You can only ask questions that have Yes/No answers.
- Take turns to invent and act out more illnesses and injuries.

WRITING

An article (1)

- 1 What do you do to keep fit during the summer holidays?



- 2 Read the notice. What should your article include? What suggestions would you make?

You see the following notice in a magazine.

ARTICLES WANTED!



Doing sport is healthy, but routines can be hard to follow. Why is sport important? What sports are you going to do this holiday? How will you make sure you do them regularly?

Write an article answering these questions. We will publish the most interesting articles in our magazine.

- 3 Read the article that a student has written. (It is not in the correct order.) Does it include any of your suggestions?

A

I find it's a good idea to have a goal, like a race, because a goal gives you a reason to do sports regularly.

B

People know that doing sport is healthy, but they often say they don't have time to do it.

C

Doing sports is a great way to keep fit. It's good for your heart and it makes your body strong and healthy.

There's a triathlon in my town at the end of the holiday, and I'm going to compete in it! A triathlon is a race where you have to swim, then cycle, and then run. So this holiday I'm going to train for the triathlon. I'm going to train with a group of friends. That way we will be able to encourage each other to carry on.

- 4 Read the *Prepare to write* box. Match the parts of the article 1–3 below with paragraphs A–C in Exercise 3.



PREPARE TO WRITE

An article (1)

Organise your article into paragraphs:

- 1 Introduction
- 2 Main article: answer each question from the exam task
- 3 Conclusion

Then write a title that will help readers to understand the *whole* article.

- 5 Read the article in the correct order. Then choose the best title.

- 1 Encourage your friends
- 2 How to stay fit and healthy
- 3 You should do a triathlon

1 Choose the correct verb.

- 1 Fran *caught* / *broke* a really bad cold recently.
- 2 I can't concentrate. My head *hurts* / *feels*.
- 3 Maggie fell off her bike and *had* / *broke* her arm.
- 4 The athlete has *injured* / *got* his knee, so he can't take part in the race.
- 5 The little boy fell over and *felt* / *cut* both of his elbows.
- 6 Are you *feeling* / *getting* OK? Sit down here.

2 Complete the text with the correct form of the verbs in the box. Use each verb once.

be	break	catch	cut	feel
get	have	hurt	injure	

Something ¹ _____ wrong with everyone in my class at the moment! Jessica fell over in basketball and ² _____ her knee. She can walk, but it really ³ _____. Unfortunately, Sam wasn't so lucky. He also fell over and he has ⁴ _____ his arm. Mary isn't at school because she ⁵ _____ flu. We think she ⁶ _____ it from Fred, who came back to school yesterday. Monica was cooking something last week and she ⁷ _____ her finger with a knife. I hope everyone ⁸ _____ better soon, but I don't ⁹ _____ very well myself!