

- 1 Look at the examples from Ben's blog and complete the sentences.

Have you ever fallen off your bike and hurt _____ ?

They were enjoying _____ too much.

- 2 Complete the table with reflexive pronouns: *himself, yourselves, herself, ourselves*.

We use **-self** when the subject and the object of the verb are *the same* / *a different* person.

I	myself	we	c _____
you	yourself	you	d _____
he	a _____	they	themselves
she	b _____		

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I	myself	it	itself
you	yourself	we	ourselves
he	himself	you	yourselves
she	herself	them	themselves

- We use *-self* when the subject and the object of the verb are the same person.

*I hurt **myself** when I was playing football. (not ~~I hurt me.~~)*

*My friends enjoyed **themselves** at my party. (not ~~My friends enjoyed them.~~)*

- We can use *by + myself, yourself, etc.* to mean 'alone' or 'without any help'.

*I usually walk to school **by myself**. (= nobody walks with me)*

*They did their homework **by themselves**. (= nobody helped them)*

1 Complete these sentences with *myself, yourself, herself, himself, ourselves, yourselves, themselves*.

1 My brother hurt _____ while he was climbing a tree.

2 I've just cut _____ with this knife.

3 Is it safe for those children to go swimming by _____?

4 Do you and your friends need help or can you clean the kitchen by _____?

5 If you're hungry, make _____ a sandwich!

6 We really enjoyed _____ at the party.

3 Complete the conversation with the correct reflexive pronouns. Add *by* if necessary.

Lara: Hi Rosa. What are you doing standing there (0) *by yourself*?

Rosa: I can't get into my house. I just came out for a minute and the door closed (1) _____!

Lara: Oh, have you knocked on the door?

Rosa: There's nobody in at the moment. I was (2) _____.

Lara: Well, come in and wait in our house. We can have a chat and a sandwich and enjoy (3) _____! Oh, sorry. I've just remembered. Callum and Ed made (4) _____ lots of sandwiches earlier, so there isn't any bread left.

Rosa: Really? They made sandwiches (5) _____? They usually ask your mum or dad to do it for them!

Lara: I know. By the way, if you want to ring your mum, there's the phone.

Rosa: Oh, can I? Thanks.

Lara: No problem. Help (6) _____!

3 Look at two more examples from Ben's blog and match the sentences to the meanings.

I got up by myself

I went for a ride by myself

1 We use the expressions *by myself, yourself, etc.* to mean *alone*.

2 We use the expressions *by myself, yourself, etc.* to mean *without any help*.

4 Complete the sentences with the correct reflexive pronouns.

- 1 Peter wasn't badly hurt and drove _____ to the hospital.
- 2 Simon and I really enjoyed _____ at the party.
- 3 I hurt _____ when I fell off the chair.
- 4 Zoë told _____ that she wasn't ill.
- 5 Ben and Sara prepared all the food by _____.
- 6 Be careful! Don't cut _____ with that knife!
- 7 'You can help _____ to paper and pens,' the teacher said to the

5 Correct the mistakes in the sentences.

- 1 I bought a new shirt for me which was very nice. _____
- 2 Our friends had a really good time together and everybody enjoyed. _____
- 3 You need to bring a photo of you with your name. _____
- 4 She went herself. No one went with her. _____
- 5 We were both hungry, so we went out and bought us some sandwiches. _____

6 Read the conversation and answer the questions.

Anna: Hi, Sara, are you ok?

Sara: Hi, Anna, no, not really.
I've hurt my big toe. Look!

Anna: Oh no, that's horrible! Are you going to the doctor?

Sara: Yes.

Anna: Are you going by yourself?

Sara: Yes, but I'll be fine.

Anna: No, you won't. I'll come with you.

1 What's Sara done?

She's _____

2 Where's she going?

She's _____

3 Who's going with her?



7 In pairs, write your own conversations about an accident.

Use the conversation in Exercise 6 to help you. Choose different sentences from the box to include in each conversation.

Practise your conversations. Then role-play a conversation in front of the class.

Help yourselves!
I tried it myself and it was delicious.
They didn't enjoy themselves that day.
He couldn't do it by himself.
We bought ourselves new clothes after that.
Did she cut herself?

3 Complete the sentences with the correct reflexive pronouns.

- 1 Cindi hurt _____ when she fell off her bike.
- 2 My dad always says to me, 'Look after _____!' when I leave the house.
- 3 'Help _____ to chocolate cake,' my aunt told us when we got to her house.
- 4 He hasn't made a meal by _____ before. I hope he uses a cookbook!
- 5 We really enjoyed _____ at Dan's birthday party.
- 6 Sometimes I like to go to the cinema by _____.
- 7 My brothers taught _____ to play tennis and are now quite good players.
- 8 There is a beautiful tree in the park. It stands by _____ near the river.

4 Correct the mistakes in three of the sentences. Write *correct* in the two that are correct.

- 1 He hurt himself playing cricket.

- 2 Yesterday I went to buy me some clothes.

- 3 I'm so happy that I'm coming to your house tomorrow. We'll enjoy us.

- 4 You take care of your self.

- 5 She bought herself a new laptop.
