

ANSWER KEY

- To stay healthy, we should _____ every day.
☒ A. do exercise ☐ B. eat a lot of meat ☐ C. drink soda ☐ D. get enough sleep
- My teacher is teaching us about _____ as a way to keep fit.
☒ A. cycling ☐ B. littering ☐ C. running ☐ D. donation
- Today we learned a lesson about _____ at school. Our teacher emphasised that eating healthily was a good way to avoid diseases.
☐ A. parties ☒ B. diet ☐ C. nutrition ☐ D. restaurants
- Last weekend, we helped the elderly at the _____.
☒ A. nursing home ☐ B. retirement home ☐ C. community service ☐ D. orphanage
- To take care of skin with acne, don't _____.
☐ A. eat vegetables ☒ B. pop spots ☐ C. go to bed early ☐ D. eat much fast food

FUNCTIONAL SPEAKING

Mark the letter A, B, C, or D to indicate the option that best completes each of the following exchanges.

- John:** Mum, you look so beautiful with this new dress!
His mother: _____
☐ A. Everything's fine. Thank you. ☐ B. Well, it was very expensive.
☐ C. No, you make me sad. ☒ D. Thanks. I just bought it yesterday.
- Anna:** _____
Mark: You should eat less sweetened food.
☐ A. I have chapped lips. ☐ B. I always feel sleepy. ☐ C. My hair is dry. ☒ D. I'm putting on weight.
- Peter:** I've got a toothache. What should I do?
Jane: _____
☐ A. You shouldn't stay up late. ☒ B. You should go to the dentist.
☐ C. You should eat more sugary food. ☐ D. You need to spend more time on studying.
- Henry:** Mommy. I think that I'm gaining weight these days. I don't know what to do.
Mom: Oh, don't worry, son. _____
Henry: Thanks, Mommy! That's a good idea.
☒ A. How about consuming less fast food and sodas?
☐ B. Don't you think I should buy organic vegetables and fruit?
☐ C. Shall I cook more dishes for you?
☐ D. If I were you, I would avoid doing strenuous exercise.
- Khang:** Every year, my family donates our clothes to the poor children in mountainous areas.
Martin: _____
☐ A. What beautiful clothes! ☒ B. Sounds like great work! ☐ C. Such a waste! ☐ D. Let's donate them!

READING

I. Read the following passage and choose the correct word given in the box to fill in each of the numbered blanks. There are TWO words you do not need to use.

high	play	new	primary
paint	interested	draw	

The Grove Secondary School News

Sports teams

Do you (1)_____ sports? Both soccer and track teams have try-outs next Wednesday and Friday at 4:00. Last year, our football team won the championships, but many of our players have moved up to (2)_____ school. That's why we need (3)_____ members. Contact Mr. Ben, our sports advisor for more information.

Art Club

This year, our school plans to (4)_____ a mural on the wall by the school gate. So they need new members to help with it! Join us if you are (5)_____. The first meeting of the club is next Monday at 3:15 in room 221. Please see

Ms. Hannah for more information.

(Adapted from Big English 5)

1. play
2. high
3. new
4. paint
5. interested

II. Read the following passage and decide whether the following statements are true (T) or false (F).

Children are encouraged to participate in their communities, help people in need, and try to improve the world. Participating in these community activities helps boost their self-esteem, self-confidence and builds their compassion as well as empathy. Some people think finding age-appropriate opportunities might be difficult, but it's actually not because there are many ways for children to do, whether they are 2 or 12 years old.

There are many local opportunities that children and their parents can join together, even for toddlers, preschoolers, and kindergarteners, who might look too young to volunteer. The activities may be visiting the elderly in the nursing home or participating in a community clean-up day.

There's no reason not to get started early. Even though children may not fully understand the meaning of volunteering, taking part in these activities from an early age can help them establish community activity as a regular part of their life.

(Adapted from <https://www.sittercity.com/parents/how-to-volunteer-with-kids>)

1. Doing community activities makes children more confident.
☒ A. True ☐ B. False
2. It is challenging to find volunteering opportunities suitable for kids.
☐ A. True ☒ B. False
3. There are few opportunities for young children and their parents to take part together.
☐ A. True ☒ B. False
4. Preschoolers can join clean-up activities in their community.
☒ A. True ☐ B. False
5. It is advisable for kids to do volunteer work from an early age.
☒ A. True ☐ B. False

WRITING

I. For each question, complete the second sentence so that it means the same as the first. Use the word in brackets and do not change it. Write NO MORE THAN FIVE WORDS.

1. Is it good to eat a lot of meat? (HEALTH)
→ Is eating a lot of meat good for health ?
2. Brian loves making models of cars and planes. (IS)
→ Brian's hobby is making models of cars and planes.
3. How will children go to school? (MEANS)
→ What means of transport will children use to go to school?
4. People in our town gave used clothes to poor people. (DONATED)
→ People in our town donated used clothes to support poor people.
5. The kids planted flowers in the community garden last weekend. (TOOK)
→ The kids took part in planting flowers in the community garden last weekend.

II. You will do volunteer work this summer. Write an email (60-80 words) to your best friend to talk about the activities you will do.

- 1. You may use the following as cues.**
- When will you start?
 - Who will you do it with?
 - What will you do?
 - What activity will you expect most?

Gợi ý

To: henry@webmail.com

Subject: Exciting Volunteer Plans for the Summer!

Hey Henry!

I hope this email finds you well. I'm thrilled to share my summer plans with you! This year, I'll do some volunteer work with my classmates. It will start at the end of May. We will take part in some activities like planting trees, cleaning roads, and organising several community events. The activity I expect the most is teaching poor street children in my neighbourhood. I think I will teach them maths and English because I am good at these subjects. I hope I can help them and have beautiful memories with them. How about you? What are your summer plans?

Catch up with you soon!

Warm regards,

Mary