

Reply this email by completing the blanks below.

Balas emel ini dengan mengisi tempat kosong di bawah menggunakan perkataan yang diberikan

Hi,

I am really stressed out! My exams start in two weeks and I have not even started revising. I stay up late playing games on my phone and then I cannot concentrate in class. How can I plan my revision? And how can I get a better night's sleep?

Please help!

Zack

Dear _____ ,

_____ you are really stressed out.
_____, you can make a _____ (jadual) to help you plan time to study better. Next, you can also make _____ (nota ringkas) to remember all study lessons. Besides, you can _____ (minum) milk and _____ (baca) story books before sleep to have a better night's sleep. I hope my ideas can help you. _____. Bye.

Zack	short notes	drink	I am sorry that
read	Firstly	timetable	Thank you