

SIMPLE PRESENT

DAILY ROUTINES & ADVERBS OF FREQUENCY

Name: _____

Date: _____

EXERCISE 1 — COMPLETE & MATCH

A. Complete each verb with the missing letters. B. Write the correct meaning letter in the last column.

No.	Complete the verb	Meaning	MEANINGS	MEANINGS
1	W _ K E U P	_____	a. cocinar	h. caminar
2	W _ R K	_____	b. despertarse	i. hacer ejercicio
3	E _ T	_____	c. conducir	j. jugar
4	W A T _ H	_____	d. pagar	k. vestirse elegante
5	D R _ V E	_____	e. cepillarse	l. ver / mirar
6	W A _ K	_____	f. trabajar	m. escribir
7	P L _ Y	_____	g. comer	
8	W O R K O _ T	_____		
9	W R _ T E	_____		
10	C O _ K	_____		
11	P _ Y	_____		
12	D R E _ S U P	_____		
13	B R _ S H	_____		

EXERCISE 2 — ADVERBS OF FREQUENCY

Choose an adverb from the word bank to complete each sentence. Use each adverb more than once if needed.

ALWAYS	OFTEN	USUALLY	SOMETIMES	NEVER
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- I _____ brush my teeth before bed. I do it every night.
- She _____ walks to school, but on some days she takes the bus.
- He _____ eats breakfast at home. It is his normal routine.
- They _____ watch TV after dinner, but not every day.
- I _____ drive to work because I don't have a car.
- My sister _____ works out at the gym. She goes five days a week.
- We _____ cook dinner at home, but sometimes we order food.

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EXERCISE 3 — BUILD YOUR SENTENCES

Complete each sentence with one verb and one adverb from the word banks. Change the verb form when needed (he / she / it + verb-s).

VERBS

WAKE UP • WORK • EAT • WATCH • DRIVE • WALK • PLAY • WORK OUT • WRITE • COOK • PAY • DRESS UP • BRUSH

ADVERBS

ALWAYS • OFTEN • USUALLY • SOMETIMES • NEVER

Example: She usually walks to school.

1. I _____ at 6:30 a.m. every morning.
2. She _____ breakfast at home before work.
3. He _____ to work because he doesn't have a car.
4. We _____ TV after dinner, but not every night.
5. My brother _____ soccer with his friends on Saturdays.
6. She _____ at the gym three times a week.
7. I _____ emails at work every day.
8. He _____ dinner for his family on weekdays.
9. They _____ their bills online every month.
10. My mother _____ for special occasions.
11. She _____ her teeth twice a day.
12. I _____ late because I have an early morning routine.
13. My father _____ in an office from Monday to Friday.

GREAT JOB! KEEP PRACTICING YOUR ENGLISH!