

Name: _____

Date: _____

Mark: _____ / 80 marks

Reading

1 Read the article about Kirsten Bruhn.

Inspiring others to achieve something special

Although not internationally famous, Kirsten Bruhn has provided inspiration to many through her sporting achievements. She was born in north Germany and her family had always been keen swimmers, so it was not surprising that by the age of ten, Kirsten had already competed in several swimming events. **1** One of them was to move to Hamburg to follow her dream and study graphic design. But her life was about to change dramatically.

Kirsten and a friend were on a motorcycle trip on the island of Kos in Greece. They had been riding up a steep mountain when her friend lost control of the bike and it went off the road. As soon as she opened her eyes, Kirsten realised that she was unable to move. She was flown back to hospital in Germany where they found her back was badly injured. **2** At the end of these it became clear that she would have difficulty walking again. The devastating news marked the beginning of a new chapter in Kirsten's life.

At first, she thought about all the things she would miss out on because of the accident, such as running and dancing. Although she did eventually learn to walk a little with support, her movement was severely limited. Kirsten understood this right from the start but never completely accepted it. **3** The pool was a place where she felt comfortable and was able to move more freely than anywhere else.

During her two-year rehabilitation period, she worked hard, although swimming had now become a way of staying fit and mobile rather than the competitive activity it had been before her accident. She came up with a personalised training programme that allowed her to build up strength in her legs, which had badly damaged nerves from the accident. However, her wish to remain active was so strong that she began to look for an opportunity to swim in races again. **4** From there, she never looked back, and numerous German national titles were followed by Paralympic gold medals. It was a period of great personal success and pride for her family.

Although swimming took priority in her life, Kirsten was also able to develop a career as a health insurance specialist. She was lucky to have an employer who allowed her time off to continue her sport training. And despite having to abandon her original dream of becoming a graphic designer, she remains a very creative person.

5 She saw this creative activity as a way of taking a break from the water, where she was training six times a week.

Kirsten's motto is 'Do not dream your life, live your dreams.' **6** She usually explains to them that feeling fit and happy in the water has had a positive effect on other areas of her life such as her creativity. Her influence and inspiration look set to increase in the future: she has promised her father (also her former coach) that she will become a swimming trainer when she retires from competitions.

2 Complete the Exam Task.

Exam TASK

Six sentences have been removed from the article. Choose from the sentences **A–G** the one which fits each gap (1–6). There is one extra sentence which you do not need to use.

- A** Her solution was to return to swimming.
- B** Evidence of this can be found in the T-shirts and jewellery that she has designed, as well as some impressive oil paintings.
- C** Several operations were carried out over several months.
- D** This came in 1992 when, with encouragement from a swimming colleague, she entered her first sports competition for people with disabilities.
- E** Her energy and sense of fun mean she is looked up to as a role model, particularly by young people who have suffered life-changing events similar to hers.
- F** None of this, however, had prepared her for what was going to happen next.
- G** After finishing high school and spending a year in the US as an au pair, she began planning her next steps.

(____ / 6 marks)

Vocabulary and Use your English

1 Complete the sentences with the correct form of the words.

- 1 My brother isn't very _____ – he doesn't know what he wants to do in life. **AMBITION**
- 2 Thanks to my _____, my English has really improved this year. **DETERMINE**
- 3 Teachers should give _____ to students who try their best. **ENCOURAGE**
- 4 Some people aren't very good at dealing with _____. **FAIL**
- 5 Being _____ probably isn't as nice as most people think it is. **FAME**
- 6 My friend's aunt is a rich and _____ businesswoman. **INFLUENCE**
- 7 My boss tried to make an _____ speech, but I think most people were bored. **INSPIRE**
- 8 I'm sorry, I didn't _____ it was your birthday today. **REAL**
- 9 Footballers and other sports stars can make a lot of money through _____ deals. **SPONSOR**
- 10 If at first you don't _____, keep trying. **SUCCESS**

(____ / 10 marks)

2 Choose the correct option (a–c) to complete the sentences.

For each question, choose the correct answer.

- 1 Ethan has his own successful company, and he's only 25. What's the _____ of his success?
a legend b mystery c secret
- 2 Some people laughed when Gina hit her leg on the table, but she didn't see the funny _____.
a side b part c way
- 3 I used to love cycling, but I've lost my _____ for it recently.
a passion b joy c celebration
- 4 I didn't tell anyone that it was my birthday yesterday because I didn't want to _____ attention to myself.
a bring b draw c make
- 5 I asked Noah why he hadn't done his homework, and he _____ up with a silly excuse about his dog eating it.
a came b invented c made
- 6 In the last minute, the player _____ the chance to kick the ball in the goal, scored, and won the match.
a caught b held c seized
- 7 I keep trying to start this book, but I never _____ anywhere and stop reading after a few pages.
a begin b get c go
- 8 There's a perfume that I always put on – it isn't a _____ name, but I think it's very good.
a home b family c household

(____ / 8 marks)

3 Complete the Exam Task.

Exam TASK

For questions 1–8, read the text below and think of the word which best fits each gap. Use only **one** word in each gap.

Being the oldest of three children had some advantages when I was growing up. My two younger sisters often looked (1) _____ to me, for example, because I seemed so much cooler and wiser. But there were disadvantages, too. I always had to (2) _____ a good example and seem like I was being the responsible older child. My parents wouldn't let me get away (3) _____ things like leaving my room in a mess, or staying out late. That meant I missed (4) _____ on some things that my friends were doing, like going to parties at the weekend, or going to festivals. I had to stay at home and babysit my sisters while my parents went out instead.

When I went to university, I was leading the (5) _____ in my family – none of my relatives had gone. It was hard in a way, because I didn't have any role models in my family to follow, and I didn't have anyone to ask for advice. In my first year there, I spent a lot of time making new friends and having fun. It made up (6) _____ all the times I couldn't go out with friends when I was living with my parents. But it meant I had to work extra hard to (7) _____ up on all the work I'd missed.

But it seemed I was like a role model to my two younger sisters. They felt like they had to follow (8) _____ my footsteps, and go to university, too. One of them is now studying for her PhD and will become a doctor one day. I feel proud of her, but I'm not really sure that I have anything to do with her success!

(____ / 8 marks)

Grammar

1 Complete the Exam Task.

Exam TASK

For questions 1–6, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. **Do not change the word given.** You must use between **two** and **five** words, including the word given.

- 1 The rain stopped before we got there.
BY
The rain _____ the time we arrived.
- 2 He was a successful actor by the age of 25.
BECOME
By the age of 25, _____ a successful actor.
- 3 He went to the theatre for the first time yesterday.
NEVER
He _____ to the theatre before yesterday.
- 4 She was looking for a long time, and then she found the restaurant.
BEEN
She _____ a long time before she found the restaurant.
- 5 The concert started at 7 p.m., and we arrived at 7.15 p.m.
ALREADY
When we arrived, the concert _____.
- 6 He felt as if he needed a break after studying all day.
HAD
He _____, so he felt that he needed a break.

(____ / 6 marks)

2 Choose the correct option to complete the sentences.

- 1 I *met* / *had been meeting* my friend Emilia yesterday.
- 2 Before I finally found my keys, I *looked* / *had been looking* for them for hours.
- 3 The film *started* / *had started* as soon as I sat down in the cinema.
- 4 When I *read* / *had read* the email, I waited a minute, and then started writing a reply.
- 5 I wasn't used to living in a busy city because I *always lived* / *had always lived* in a small town.
- 6 I knew who the man was because we *had met* / *had been meeting* each other once before.
- 7 I *sat* / *had been sitting* on the train for fifteen minutes before I realised I was on the wrong one.
- 8 Sara *had worked* / *had been working* all day, and she still hadn't finished by 10 p.m.
- 9 I *arrived* / *had arrived* five minutes late for school this morning. My teacher wasn't angry, though.

(____ / 9 marks)

3 Complete the sentences with the past simple, past perfect or past perfect continuous form of the verbs.

- 1 I was sitting in the living room when I _____ (hear) a loud noise from the next room. I went to see what _____ (happen).
- 2 I _____ (fall) asleep at nine o'clock last night. I _____ (watch) a film, but it was so boring I switched it off and went to bed.
- 3 I _____ (not eat) sushi before today. I _____ (like) it a lot.
- 4 I was exhausted when I got home yesterday evening. I _____ (look) round the shops for five hours and I _____ (not buy) a single thing.

(____ / 8 marks)

Listening

1 3.1 ▶ Listen and complete the Exam Task.

Exam TASK

You will hear five short extracts in which people talk about meeting someone famous. For questions 1–5, choose from the list (A–H) what each speaker says about the experience. Use the letters only once. There are three extra letters which you do not need to use.

- A Surprisingly, the person didn't know how to do something.
- B This person was much friendlier than many people say.
- C I finished the meeting thinking much less of this person.
- D This person gave me some useful information.
- E The person I spoke to seemed quite shy.
- F I couldn't wait to get away from the person.
- G I shouldn't have started talking to this person.
- H After meeting this person, I decided that I never wanted to become famous.

- | | |
|-----------|--------------------------|
| Speaker 1 | ☐ |
| Speaker 2 | ☐ |
| Speaker 3 | ☐ |
| Speaker 4 | ☐ |
| Speaker 5 | ☐ |

(____ / 5 marks)

Writing

Complete the Exam Task. Write your answer in 140–190 words in an appropriate style.

Exam TASK

Your teacher has asked you to enter a story writing competition for an English-speaking magazine.

Story competition

We are looking for stories to publish in our magazine. Your story must **begin** with this sentence:

People say that you should never meet your role models.

Your story must include:

- a celebrity
- a conversation

Write your **story**.

(____ / 20 marks)

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There is no handwriting or other markings on the paper.