

Survival Story Out Alive

Directions: read the story provided by Dr. Winn and answer the following questions. Type A, B, C, or D into the Blank.

1. What was the initial plan of the individual in the article regarding their camping trip in Oregon?

- A. To hike to Mt. Defiance
- B. To camp at Bear Lake
- C. To go fishing
- D. To explore the Columbia River Gorge

2. Why did the individual decide to leave their backpack behind when they left the trail?

- A. They were too tired to carry it.
- B. They wanted to lighten the load.
- C. They were looking for a more secluded campsite.
- D. They were planning to return to it quickly.

3. What did the individual do to try to reorient themselves in the forest after getting lost at dusk?

- A. Called out for help
- B. Climbed to a high vantage point
- C. Consulted a map and compass
- D. Used a headlamp to find their way

4. How did the individual end up falling off a cliff in the article?

- A. They were attacked by a wild animal.
- B. They slipped on wet rocks.
- C. They were pushed by their boyfriend.

- D. They stepped off the ledge.

5. What did the individual do to clean their wounds in the canyon?

- A. Used hand sanitizer
- B. Applied a first aid kit
- C. Washed with icy snowmelt
- D. Ignored the wounds

6. Why did the individual choose to crawl downstream in the canyon rather than stay put?

- A. They believed it would lead to civilization.
- B. They were following animal tracks.
- C. They were looking for their boyfriend.
- D. They enjoyed crawling.

7. What did the individual eat to sustain themselves in the canyon?

- A. Salmonberries and huckleberries
- B. White berries
- C. Poisonous plants
- D. Caterpillars

8. What happened when the individual tried to eat a large, brown slug in the canyon?

- A. It tasted delicious.
- B. It bit them.
- C. They choked on it.
- D. They coughed it out.

9. What precautions did the individual take when trying to eat bugs in the wilderness?

- A. Avoid bright colors and hairy bodies.
- B. Choose the biggest ones they could find.
- C. Ignore the appearance of the bugs.
- D. Fry them in a pan.

10. What did the individual use to stay warm when the temperature dropped in the canyon?

- A. A campfire
- B. Piled moss over their body
- C. A heavy coat
- D. Nothing

11. What was the approximate temperature when the individual was in the canyon at night?

- A. 60°F
- B. 50°F
- C. 40°F
- D. 30°F

12. How long did the individual stay in the hospital after being rescued?

- A. 3 days
- B. 1 week

- C. 2 weeks
- D. 1 month

13. When should you stay put in a survival situation according to the article?

- A. When you have an immobilizing injury
- B. When no one knows your itinerary
- C. When you don't have the right gear to wait
- D. When you're in immediate danger

14. How should you improvise a backcountry splint if you don't have proper supplies?

- A. Use tent poles only
- B. Tie directly over the broken bone
- C. Maintain a straight leg
- D. Keep a slight bend in the knee and use available items to immobilize the leg

15. What is the critical consideration for a makeshift backcountry splint to avoid compromising circulation?

- A. Making it as tight as possible
- B. Ensuring it covers the joints above and below the break
- C. Using it only if the bone is completely reset
- D. Tying it directly over the broken bone