



Make a Memorable First Impression!



You only get one chance at a good first impression. So you have to make your introduction count. If first impressions are that important, then knowing how to introduce yourself is an essential life skill we should all learn. In this guide, you'll learn everything you need to know to put your best foot forward in a self-introduction.

Put Your Personality into It 😊

The subject of your introduction is, well, ✨you✨. So, it doesn't hurt to show a little of your personality. Even in professional settings, your audience wants to learn a little about the person behind the professional image.

Add a Dash of Humour 😄

A little humour can make your introduction more interesting and help people feel comfortable. You could share a funny experience or make an appropriate joke. However, remember to consider your audience and the situation. Being friendly and making people smile can help you create a positive impression.

Emphasise Your Value ⭐

When introducing yourself, think about what makes you special. You can mention your skills, education, work experience, and achievements. Choose information that is relevant to the situation. For example, if you are introducing yourself in a job interview, talk about your qualifications and explain why you are a good candidate for the position.

Think About Body Language 🗨️

The way you communicate is just as important as the words you use. Making eye contact, smiling, using natural gestures, and speaking clearly can help you appear confident and friendly. Good body language can also help your audience feel more comfortable when listening to you.

1- Choose the correct option A, B or C.

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|---|--|
| 1. What is the main purpose of the text? | 3. When is it especially important to highlight your qualifications? |
| A. Explain how to find a new job. | A. When talking to a close friend. |
| B. Give advice on making a good introduction. | B. When telling a funny story. |
| C. Describe different types of personalities. | C. When attending a job interview. |
| 2. What is the first tip about? | 4. According to the text, body language helps you... |
| A. Talking about your personal qualities. | A. avoid preparing what to say. |
| B. Making people laugh. | B. appear confident and friendly. |
| C. Using gestures when speaking. | C. make your introduction longer. |



2- Read again and choose True or False.

- Preparing an introduction can help people feel more confident. _____
- Talk about your personality only in informal situations. _____
- Telling a funny story can help create a positive impression. _____
- Mention all your personal information in a job interview. _____
- Eye contact and clear speech are examples of good communication. _____
- Body language is less important than the words you use. _____