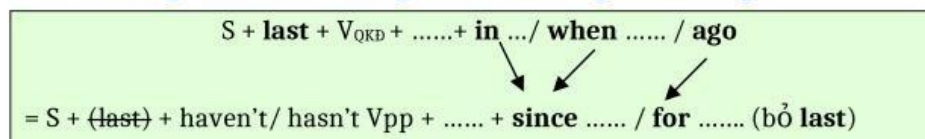


- B. Life fifty years ago was much harder than nowadays.
 C. People in the past had to overcome lots of hardship.
 D. Not really. People nowadays live in a more polluted environment.
13. ~ **Nam**: What are the main health problems young people face? ~ **Lan**: "....."
- A. There are so many health problems these days.
 B. Young people tend to eat a lot of convenience food
 C. Diabetes and obesity are the biggest threats to them.
 D. It is easy for young people to overcome their health problems.
14. ~ **Nam**: Do you think all medical care should be free? ~ **Lan**: "....."
- A. I think it should be. People's life must be protected
 B. Medical equipment is very expensive.
 C. Public schools are also free in many countries.
 D. Not all people can get access to free medical care.
15. ~ **Nam**: What is a healthy diet? ~ **Lan**: "....."
- A. All people need to eat healthily.
 B. Healthy diets are getting more expensive.
 C. Fast food is not healthy food
 D. It must be a balanced, nutritious and healthy diet.
16. ~ **Lan**: In your opinion, do you have a healthy diet? ~ **Nam**: "....."
- A. I prefer to cook my own meals.
 B. Sometimes I eat out with my family or my friends.
 C. In general, I do. I have a balanced and healthy diet.
 D. My friends eat a lot of fast food
17. ~ **Lan**: How many hours a day do you spend watching TV? ~ **Nam**: "....."
- A. TV programmes are various. There are so many of them.
 B. Not much. Just about thirty minutes after dinner.
 C. My mother spends hours watching soap operas.
 D. Sports channel is my favourite.
18. ~ **Lan**: Do you ever eat junk food? ~ **Nam**: "....."
- A. Sometimes I have a snack for my breakfast.
 B. Junk food is not nutritious enough.
 C. Junk food is also addictive.
 D. We should discourage children from eating junk food
19. ~ **Nam**: What exercise do you do? ~ **Lan**: "....."
- A. I go jogging in the morning and aerobics in the afternoon.
 B. My teachers ask us to do so many exercises.
 C. I hate doing too much homework.
 D. Exercising is time-consuming.
20. ~ **Lan**: What could you do to make your lifestyle healthier? ~ **Nam**: "....."
- A. People need a healthy lifestyle.
 B. I do need to exercise more.
 C. I don't care much about my diet.
 D. I prefer to eat out at the weekends

Ex 17. Rewrite the following sentences as long as the meaning is unchanged



Eg : - I **last** saw her **when** I was a student / 2 years **ago**.

□ I **haven't** seen her **since** I was a student / **for** 2 years.

1. We last saw Tom when we moved to Bristol.

We haven't _____

2. She last wrote to me nearly 2 years ago.

She hasn't _____

3. This film was last shown on TV 10 years ago.

This film hasn't _____

4. She last swam in the river 3 years ago.