

Opinion Essay

Success in sport depends more on mental confidence than physical ability. To what extent do you agree or disagree?

Believing in lucky objects or rituals can improve sports performance. To what extent do you agree or disagree?

Mental preparation is just as important as physical training in sport. To what extent do you agree or disagree?

Professional athletes are paid far too much compared with people in other professions. To what extent do you agree or disagree?

Competitive sports teach young people more valuable life skills than academic subjects. To what extent do you agree or disagree?

Winning is more important than taking part in sports competitions. To what extent do you agree or disagree?

Some people think that dangerous sports, such as skydiving and rock climbing, should be banned. Others believe that people should be free to choose which sports they participate in.

Discuss both views and give your own opinion.

Some people believe that sport should be compulsory in all educational establishments because of the growing number of people who are unfit or overweight. Others argue that sports should be voluntary.

Give your opinion and support it with relevant examples.

