

GRADE 9 - READING

B. READING

I. Choose the word or phrase (A, B, C, or D) that best fits each blank in the following passage.

For people with busy lives, it can be hard to find time to volunteer. (32) _____, the benefits of volunteering can be enormous. Volunteering offers vital help to people in need, worthwhile causes, and the community, but the benefits can be (33) _____ for you, the volunteer. The right match can help you to find friends, (34) _____ with the community, learn new skills, and even advance your career.

Giving to others can also help protect your mental and physical health. It can reduce stress, combat depression, keep you (35) _____ active, and provide a sense of purpose. While it's true that the more you volunteer, the more benefits you'll experience, volunteering doesn't have to involve a long-term commitment or take a huge amount of time (36) _____ your busy day. Giving in even simple ways can help (37) _____ and improve your health and happiness.

32. A. However B. Therefore C. Moreover D. Otherwise

33. A. the more great B. even greater C. greater than D. more great than

34. A. connect B. attend C. participate D. relate

35. A. mentality B. mentalism C. mentalistic D. mentally

36. A. on with B. as for C. out of D. instead of

37. A. them in need B. in need people C. those in need D. they are in need