

Part 1

QUESTIONS 1 to 8 are based on the given stimuli.

Study the information carefully and choose the **best** answer **A, B** or **C**.

For each question, mark your answer on the answer sheet.

Hi Ashley,

I know you're looking for a good place for your dental treatment. First, Bright Smile Dental Clinic has great reviews and uses the latest technology to ensure you get the best care possible. Another one to consider is Healthy Teeth Centre which is known for their friendly staff and comfortable and modern interior, making your visits stress-free and pleasant. The last option is City Dental Care. It offers good prices and you can get free advice for up-to-date dental care. Make sure to check their reviews and see which one feels right for you.

Love,
Amara

- 1 The clinic that offers advanced equipment is
- A Bright Smile Dental Clinic
 - B Healthy Teeth Center
 - C City Dental Care

PUBLIC NOTICE

Pahang will experience more frequent thunderstorms and heavy rains as the Monsoon Transition Phase begins at the end of September.

With the increased rain, the risk of flash floods will also rise. Therefore, children are advised not to play in floodwaters. The public must stay informed - regularly check weather updates from trusted sources and heed warnings from local authorities. Be prepared for emergencies by supplying your home with essentials, including bottled water, food, and a first-aid kit.

Stay safe and do not underestimate the power of nature. Floods can strike unexpectedly, and it is crucial to remain cautious during this monsoon season.

The Department of Meteorology, Pahang
22 SEPTEMBER 2025

- 2 The likely reason the notice includes a list of emergency supplies is to
- A stay prepared for thunderstorms and strong winds during the monsoon
 - B promote readiness if they can't leave their house during a flood.
 - C remind the public that floods can happen at any time and are dangerous

Attention!

In celebration of World Environment Day, our school is launching the Green Habits Challenge next Monday! We invite everyone to actively participate by switching off lights, fans and air conditioners whenever they are not in use. The Nature Club will monitor classrooms daily and award points to classes that consistently practise energy-saving habits. The class with the highest score at the end of the month will receive a surprise eco-friendly gift. Remember, small actions can make a big difference to our planet!

- 3 From the announcement, we know that the school wants to
- A reward the Nature Club for their environmental efforts.
 - B encourage pupils to reduce electricity wastage in classrooms.
 - C check whether classes are using eco-friendly products regularly.

To:	iddin123@email.com
Subject:	Tennis tournament
Hi Haikal, Do you know that the tennis competition Mr Kamil talked about is going to happen? It'll be on Sunday, 7th June. Remember, we were so close to winning the doubles the last time and I'm sure we can do it this time! If we're going to join the competition, we need to register by this Friday and start training as a pair tomorrow. Regards, <i>Iddin</i>	

- 4 What is Iddin's purpose in writing this email?
- A To persuade Haikal to become his partner
 - B To inform Haikal that training starts the next day
 - C To remind Haikal about the date of the competition

Fuel Your Day with Our Power-Packed Energy Bars!

Say goodbye to plain snacks!

Our energy bars are crafted with special ingredients, packed with high-quality protein and bursting with flavour. Whether you need a post-workout boost, a midday pick-me-up, or a healthy on-the-go option, we've got you covered. Gluten-free, low in sugar and rich in nutrients — every bite supports your active lifestyle. Grab one today and taste the power of real fuel!

- 5 What does the advertisement say about the energy bars?
- A The ingredients used produce different flavours.
 - B People with a busy routine will surely love energy bars.
 - C These energy bars are not suitable for people with diabetes.

Welcome to Our Health and Wellness Day

We are pleased to invite you a special event focused on helping young people learn how to stay healthy and active.

📅 Date: Friday, July 11

🕒 Time: 9:00 AM – 5:30 PM

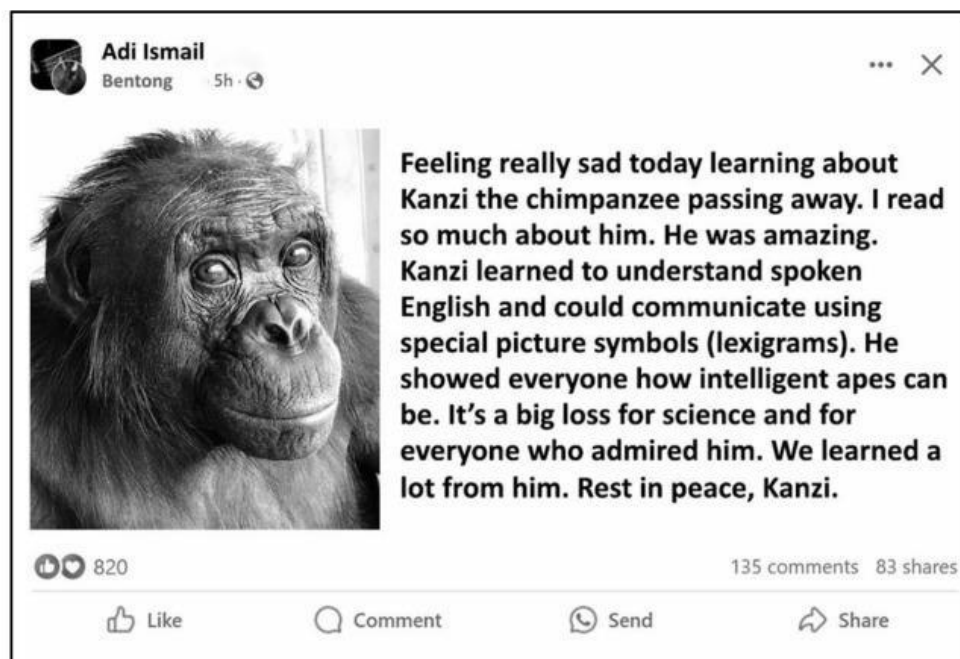
📍 Venue: Hotel Putra, opposite Setia Mall.

There will be health talks, fitness activities, free check-ups, and healthy snacks. Come and discover how small changes can lead to a healthier lifestyle. We look forward to your participation!

- 6 What does the text say about the event?
- A The event is suitable for teenagers.
 - B The location of the event is at a shopping mall.
 - C The participants experience significant lifestyle changes.

To:	tasya@email.com
Subject:	Need help
Hi Tasya, Have you read 'The Abandoned'? Can you please help me explain the first two chapters? I've read them many times, yet I still don't get the storyline. So, can I come to your house tomorrow morning, as I need your help with my reading task? I would really appreciate it. Regards, Naura	

- 7 From the email, Naura needs Tasya's help because she
- A wants to have a study session with her friend.
 - B asks Tasya to help her read the book.
 - C needs help to complete her reading exercise.



- 8 According to the social media post, Kanzi
- A understood all human languages.
 - B drew many symbols to communicate.
 - C proved that chimpanzees could be clever.

Part 2

Questions 9 to 18 are based on the following passage.

Read the passage below and choose the **best** answer **A, B, C** or **D** to fill in each blank.

For each question, mark your answer on the answer sheet.

Online shopping addiction

Overcoming online shopping addiction can be challenging (0)___ with determination and an organised plan, it is possible to regain control over your spending habits. Here are some tips to help you stop online shopping addiction:

First of all, you must start by (9)_____ that you have a problem with online shopping and understand the impact it has on your life, including financial and emotional consequences. In addition, you should (10)_____ the emotional or situational triggers that lead to your online shopping binges. These could be stress, (11) _____, loneliness or even certain websites or advertisements.

Next, you have to establish a (12)_____ budget that outlines your essential expenses and savings goals. Stick to this budget to manage your finances more (13)_____. For a more drastic move, you should remove shopping apps from your devices and unsubscribe from marketing emails to reduce (14)_____ and easy access to online shopping.

You must set (15)_____ limits. Determine a maximum amount you can use for non-essential items each month and stick to it. Consider using cash for these (16)_____. Another tip is to establish a waiting period before making (17)___ buying. This time can help you reconsider whether you truly want or need the item.

In conclusion, if you find it difficult to (18)___ your online shopping addiction on your own, consider seeking professional help. This may come out with solutions to cure your problem.

Adapted from <https://www.allencarr.com/how-to-get-out-of-debt/online-shopping-addiction/>

- 0 **A** but **B** and **C** or **D** so
- 9 **A** noticing **B** showing **C** accepting **D** getting
- 10 **A** identify **B** realise **C** relate **D** aware
- 11 **A** bored **B** boring **C** boredom **D** bore
- 12 **A** normal **B** realistic **C** common **D** typical
- 13 **A** soundly **B** responsibly **C** intelligently **D** correctly
- 14 **A** temptation **B** desire **C** attraction **D** interest
- 15 **A** paying **B** consuming **C** saving **D** spending
- 16 **A** possessions **B** purchases **C** bargains **D** properties
- 17 **A** unwanted **B** unpopular **C** unimportant **D** unpleasant
- 18 **A** delay **B** master **C** monitor **D** control

Part 3

Questions 19 to 26 are based on the following passage.

Read the passage carefully and choose the **best** answer **A, B, C** or **D**.

For each question, mark your answer on the answer sheet.

Last week, after having our dinner at a newly opened restaurant, my grandfather offered to pay for it but I stopped him and told him that I would pay using my e-wallet. I took out my smartphone, ignored the phone notification that I received, scanned the QR code on the bill given by the cashier and made the payment before pretending to capture my grandfather's picture. My grandfather thought I was making some calls and snapping his picture but ended up confused when I told him I had paid for the food.

On the way back home, my grandfather asked me how I paid the bill as he did not see me taking out my wallet. I showed him my e-wallet. For me, this was completely normal, however, it surprised my grandfather, who then asked me how I could make a payment without using the actual money. Upon explaining to him, it made me reflect on how much technology has become so ingrained in our daily lives.

My grandfather asked me how I use the technology in my daily lives to which I replied that it is for completing my assignments, planning my daily routines, communicating with friends, and online shopping. It was only through my grandfather's surprise, much like his reaction to my e-wallet payment, that I truly began to realise just how significant technology has become for younger generations like me. The way we use our phones and our university life led him to believe we have an easier time compared to his generation.

As he was always interested in education, my grandfather started to ask more about how we use technology in our studies. I explained that nowadays we can search for any chosen study topic and immediately get the results that we want as we have access to e-libraries all day long. He claimed that physical libraries did provide access to a vast range of resources back then and he did not mind travelling there. However, he was fascinated that it does not have fixed operating hours.

I also highlighted that at my university, the interaction between students and university staff has undergone significant changes due to these very same technological advancements. Currently, the most popular means of communication are instant messaging applications and

social networking sites. It is now virtually unacceptable for messages to go unanswered for an extended period, reflecting the fast nature of modern communication. On the contrary, email is rapidly losing popularity among students because it is often considered too slow, further emphasizing the shift towards immediate digital interactions that technology has fostered in our daily academic lives.

Looking at his eager face, I continued to share just how widely technology is used across my university. I told him about how the role of the academic support team had fundamentally changed, a further testament that technology now demands quick action and response. They typically have to attend to queries and technical issues immediately; for example, issues regarding university admissions and online thesis submission are expected to be done promptly.

Apart from the communication aspect, the introduction of e-books allows students the luxury of having up-to-date, interactive, and even personalised learning materials, with the additional benefit of being cost-effective. Given all these advancements, electronic devices such as tablets, smartphones and laptops have now become the standard equipment in most classrooms and lecture halls, a total opposite of the university experience he would have known.

It is obvious there are vast differences between the lives of past and present-day students due to the presence of technology. From e-wallets to e-libraries and instant messaging for academic support, students today not only adapt to but use these available resources to work more efficiently and, ultimately, lead more enjoyable lives. My grandfather's initial confusion and subsequent fascination showed a simple truth: it is undeniable that technological changes are here to stay, continually shaping our daily realities in ways we often take for granted.

19. The writer used his smartphone at the restaurant to

- A** make calls.
- B** pay for the bill.
- C** take a photo of his grandfather.
- D** respond to his phone notification.

- 20 The writer realised how much technology has been a part of his life after
- A finishing his coursework.
 - B making online purchases.
 - C organising his daily activities.
 - D noticing his grandfather's amazement.
- 21 His intention to ask various questions suggests that the writer's grandfather is rather
- A eager.
 - B curious.
 - C excited.
 - D confused.
- 22 The grandfather was impressed because the modern e-libraries
- A are accessible at any time.
 - B have an advanced search tool.
 - C offer a large collection of materials.
 - D search for any information they want.
- 23 The interaction between students and university staff has changed because
- A communication is made through instant messaging applications only.
 - B they must be available to communicate throughout the day and night.
 - C messages should instantly be responded, without any waiting periods.
 - D emails are replaced with modern digital communication platforms.
- 24 From the text, the academic support team is expected to
- A immediately reply to the questions from the students.
 - B mainly assist students with their university admissions.
 - C constantly provide technical assistance for electronic devices.
 - D primarily focus on helping students with online thesis submissions.

- 25 From paragraph 7, the impact of technology on learning is
- A it provides free education for students.
 - B electronic devices are now compulsory.
 - C students get the latest educational resources.
 - D tablets or laptops are given to students by the university.
- 26 The writer wants to highlight that technology
- A is taken for granted.
 - B has changed the way we live.
 - C affects past and present-day students equally.
 - D encourages students to overly rely on the resources.

Part 4

Questions 27 to 32 are based on an article about social media and teenagers' mental health.

Six sentences have been removed from the article. Choose from the sentences **A to H** the one which fits each gap (27 to 32). There are two extra sentences which you do not need to use.

Mark your answer on the answer sheet.

Social Media and Teenagers' Mental Health

In today's digital world, social media plays a significant role in the daily lives of teenagers. Platforms such as Instagram, TikTok, and Snapchat allow young people to communicate, express themselves, and stay updated with the latest trends. While social media can be fun and useful, it can also have a strong impact on teenagers' mental health.

One major concern is the constant pressure to appear perfect. (27) This leads to feelings that they are not good enough and have low confidence, as well as increased anxiety. The desire for likes, comments, and approval can become overwhelming and affect a teenager's self-worth.

Another challenge is the fear of missing out, often called FOMO. Seeing others enjoying social events or exciting experiences can make teens feel excluded or dissatisfied with their own lives. (28)

Spending too much time on screens, particularly before bedtime, can interfere with healthy sleep routines. (29) Over time, these effects may contribute to more serious mental and emotional health issues.

Another critical issue linked to social media is cyberbullying, which includes hurtful comments and damaging rumours. These digital attacks can severely threaten a young person's mental and emotional well-being. (30) In extreme cases, it may lead to long-term emotional suffering or damaging actions to the victims.

However, social media also has positive aspects. (31) Teenagers can access useful information, raise awareness about important topics, and connect with others who share similar interests. During challenging times, social media helped many young people maintain relationships and feel less lonely.

Therefore, teenagers should develop healthy online habits to protect their mental health. This includes setting clear limits on how much time they spend on their devices. It also means learning to think critically about the content they consume online. (32) It is also important to speak openly with trusted adults about any emotional struggles.

In conclusion, while social media has the potential to enrich teenagers' lives, it also presents risks to their mental and emotional health. By using it responsibly, young people can enjoy its advantages while minimising the negative impact.

- A** Cyberbullying can cause serious emotional pain and even lead to depression or self-harm.
- B** Many teenagers compare themselves to those who post edited photos and videos.
- C** Additionally, teenagers should try to avoid making negative comparisons between themselves and others on social media.
- D** For instance, a teenager who becomes the target of a viral rumour may begin to withdraw socially.
- E** It can be a valuable tool for self-expression, creativity, and forming supportive communities.
- F** The lack of or disrupted rest negatively influences focus and school performance.
- G** To stay healthy, teenagers should try to use social media positively.
- H** This emotional reaction may result in loneliness or even symptoms of depression.

Part 5

Questions 33 to 40 are based on the following texts.

Read the text carefully and answer the questions that follow.

Six Crime Situations

There are six different crimes that happened around the neighbourhood.

A- Mugging

While Sarah was walking home, someone suddenly grabbed her bag. Although she tried to fight back, the man pushed her and ran away. Fortunately, a senior citizen saw what happened and called the police immediately.

B- Kidnapping

As a young boy was playing in the park, a stranger approached and offered him some sweets. The boy followed the man who then forced him to get into a car and drove off. Luckily, a witness noted the plate number of the car and informed the police.

C- Pickpocketing

During the busy market hours, Lisa felt a slight tug on her handbag. When she turned around, she saw a man walking away fast. She instantly checked her bag and realised her wallet was missing. She reported the theft to the security guard right away.

D- Arson

A fire broke out at a nearby shop, but the firefighters managed to control it. They also discovered that someone had poured petrol inside the building before the fire started. Consequently, the police investigated the case as arson.

E- Murder

A man was found dead in his apartment. Initially, a few residents thought he was sleeping, but later, they noticed blood on the floor. They then contacted the authorities, who confirmed it was a murder.

F- Vandalism

Over the weekend, several cars were affected in the parking lot. Someone had scratched the cars and broken the windows. Therefore, the parking attendant reported the vandalism to the police, hoping to catch the culprit soon.

Questions 33 to 36

Using the information given, which text (A to F) describes the following crime situations. For each question, mark your answer on the answer sheet

Statements	Paragraph
33 The neighbours called the police.	_____
34 Someone was tricked by an unknown person.	_____
35 An elderly person witnessed the incident and took action.	_____
36 A personal item was taken without being noticed.	_____

Questions 37 to 40

*Complete the notes below using words from the text. Choose **no more than one word** from the passage for each blank.*

Write your answer on the answer sheet.

Crime

Crime can happen anywhere and affects the way people live. It can cause distress in communities. Many (37) _____ feel worried when crime happens in their neighbourhood. One common type of crime is theft, where someone steals money or things from others. Thieves often act very (38) _____ so that no one can catch them. Some vehicles are (39) _____ and broken into, and several items are stolen. These actions cause fear and anger among the people living nearby. A (40) _____ is an important person in helping the police solve a crime. That is why everyone must work together to stop crime. When people care for each other and report crimes, their area becomes safer and better.

