

# PRESENT PROGRESSIVE

*also known as present continuous*

## Happening Now

It is raining.

I'm eating lunch now.



**am/is/are + verb-ing**

Remember: usually STATIVE VERBS are NOT used in the progressive (-ing) form.



## Temporary Actions

I'm working in New York this week.



## Longer Actions in Progress Now

She's studying to be a doctor.

He's training for a marathon.

## Fixed Plans

(often in the near future)

I'm meeting my friends after work.



## Trends

More and more people are using cell phones to access the Internet.