

Exercise 1: Choose the picture that is related to the explanation.

(Pilih gambar yang berkaitan dengan penerangan.)

I went to _____ last month. It was an exciting experience as visiting the country had always been on my wishlist. I really love looking at the famous Mount Fuji. It gave me a sense of relaxation. Plus, the food was so yummy. I still can remember the taste of sakura mochi.



I am going to _____ next month. Well-known with *sinetron*, I am so happy about the trip to this country. I can't wait to visit Borobudur Temple, Komodo Island and Lake Toba. These places sound creepy for some people, but for me, they are interesting because I am an adventurous person.



I would prefer _____ for my upcoming school trip. This place is popular for its natural landscapes and iconic structures. Not to forget, it is a duty free zone in Malaysia. I can't wait to have my picture taken at Dataran Lang.



Exercise 2: Choose the answer to fit the gap. Tick ✓.

(Pilih jawapan untuk lengkapkan ruang kosong.)

An ideal friend should be an honest person. It is one of the keys to a healthy friendship. [1] _____. He speaks the painful truth through loving and kind words for our benefit.	
a. An honest friend will tell us off straight away if you are wrong.	☐
b. He will support your interest, even if it is different from his.	☐

Friends who are always there for you, both in times of need and happiness, are a good sign of loyalty. [2] _____. a loyal friend will stick with you no matter what the situation is.	
c. A friend should always be caring towards you.	☐
d. Loyalty is a quality that everyone looks for in a friend.	☐

Jogging or running is one of the most popular forms of exercise. It benefits the body, mind and spirit. [3] _____. Literally, you can just get up and run around your residential area or in a designated park.	
e. People of all ages, shapes, sizes and abilities can benefit from being physically active.	☐
f. It does not require any equipment except for a pair of good running shoes.	☐

Many years ago, a bicycle was a vehicle for students to go to school. Now, cycling has become increasingly popular. [4] _____.	
g. You can squeeze it into your schedule because cycling can help you to save money and the environment too.	☐
h. It can be done either at the outdoor or indoor pool.	☐

Part 5.1: Read the text below. Choose sentences from [**A-D**] to fit each gap.
(Baca teks di bawah. Pilih ayat daripada [**A-D**] untuk mengisi ruang kosong.)

Tips on Managing Time

Good morning everyone. Welcome to each and every one of you here. I am here today to give you a talk entitled "Tips on Managing Time".

First of all, use a calendar to plan your day. It will be easier to schedule your assignments and school activities. Set up a calendar on your phone or any other time management apps that work well for you.

Next, preparing a checklist is another great way to ensure you stay on task. [1] _____. Record all the things you need to accomplish and focus on completing one task at a time. Reward yourself for a job well done once the tasks have been completed successfully.

Once you have your calendar and checklist set up, you should be well on your way to being better organised. Being organised will save you a lot of time. [2] _____.

Apart from that, take a break every hour and do something you enjoy, like go for a walk or watch some television programmes. Schedule some time to relax so you can refresh your mind and body.

[3] _____. Say goodbye to all the distractions like mobile phones, social media, friends and other interruptions. Save them for when you are relaxing. Worse of all, distractions can lead to procrastination.

In conclusion, all these tips on managing time can help keep you on track and reduce stress as you take on more work. [4] _____. Thank you.

A	Get rid of anything that distracts you.
B	It also gives you a sense of accomplishment to tick off tasks when completed.
C	Hope these tips can improve your time management skills and get the most out of your time.
D	It allows you to allocate and manage your time better.

Part 5.2: Read the text below. Choose sentences from [**E-H**] to fit each gap.
(Baca teks di bawah. Pilih ayat daripada [**E-H**] untuk mengisi ruang kosong.)

Gardening

Amina spends most of her leisure time in the garden. [5] _____. She has had the chance to learn about plants, trees and flowers since she was young as her parents own a lot of land just behind their cottage house. She usually does gardening on weekend mornings when the ambience is very soothing and calm with the chirping of the birds.

In the garden, there are a variety of flowers, vegetables and fruit trees that Amina and her parents have planted together. [6] _____. When she looks around the garden, she feels proud because it's a hobby where you reap the fruits of your labour.

Amina works very hard in the garden and it is no easy feat. gardening requires a lot of physical strength as one needs to dig, cut, till, do weeding, water the plants, fertilise and many others. [7] _____. Gardening also makes Amina a patient and responsible person as maintaining plants requires a lot of hard work and dedication.

Of course, gardening has its downsides. [8] _____. She also occasionally joins gardening courses or buys books to increase her knowledge. In her free time, Amina visits flower shows and attends plant exhibitions nationwide. However, she doesn't mind doing so as she is the happiest when she sees her plants growing well and her garden looking beautiful.

E	This has helped her to become more physically fit, mentally alert and fresh.
F	It is quite an expensive hobby as Amina needs to spend money to purchase seeds, fertiliser, manure and gardening tools.
G	Some plants include carrots, chillies, carnations, poppies, mango trees and guava trees.
H	While teenagers her age enjoy playing video games indoors, Amina finds gardening brings her more joy and delight.