

BÀI TẬP TỔNG HỢP TỪ VỰNG VÀ NGỮ PHÁP TIẾNG ANH

PHẦN 1. CHOOSE THE CORRECT ANSWER

1. The person who tries to stop the other team from scoring goals is the _____.
A. captain B. goalkeeper C. coach D. athlete
2. Our team won the match and received a beautiful _____.
A. tube B. vein C. trophy D. lung
3. The match is _____. We need to score one more goal before it ends.
A. nearly over B. extra ticket C. definite D. athletic
4. The team _____ is talking to the players before the match.
A. athlete B. coach C. trophy D. stadium
5. Regular exercise helps improve blood _____ throughout the body.
A. movement B. possibility C. circulation D. process
6. The heart _____ blood around the body.
A. breathes B. pumps C. trains D. moves
7. We breathe in oxygen and breathe out _____.
A. liquid B. blood C. carbon dioxide D. medals
8. Blood travels through blood vessels, including arteries and _____.
A. lungs B. sides C. tubes D. veins
9. My brother _____ football every Saturday, but today he _____ hockey.
A. plays / is playing B. is playing / plays
C. played / plays D. play / is playing
10. The athletes _____ hard for the competition last month.
A. train B. trained C. have train D. are train
11. She _____ three medals since she started competing.
A. wins B. won C. has won D. is winning
12. I think our team _____ the match tomorrow.
A. won B. wins yesterday C. will win D. winning
13. Look at those dark clouds! It _____ soon.
A. rains B. is going to rain C. rained D. has rained
14. You _____ exercise regularly if you want to become a better athlete.

- A. should B. shouldn't to C. must to D. can to
15. This stadium is _____ than the one in our town.
A. large B. largest C. more large D. larger
16. A goalkeeper usually wears a different shirt _____ the other players.
A. from B. than C. of D. with
17. The opposite of "definite" is _____.
A. certain B. uncertain C. possible D. athletic
18. If you exercise regularly, you _____ your fitness.
A. improved B. will improve C. improving D. would improved
19. The final match _____ by thousands of people last night.
A. watched B. is watched C. was watched D. watches
20. How long _____ you _____ for the competition?
A. did / train B. have / been training
C. are / train D. do / trained

PHẦN 2. GIVE THE CORRECT FORM OF THE VERBS IN BRACKETS

1. The captain usually _____ (lead) the team onto the field.
2. Look! The athletes _____ (run) around the stadium.
3. My class _____ (visit) the sports centre last Friday.
4. The coach _____ (not arrive) yet.
5. We _____ (watch) a hockey match at 7 p.m. tomorrow.
6. She _____ (be) a talented athlete since she was ten.
7. While the players _____ (train), their coach was preparing a new plan.
8. The heart _____ (pump) blood around the body every second.
9. If he _____ (practise) harder, he will become a better goalkeeper.
10. They _____ (buy) some extra tickets yesterday because more friends wanted to come.
11. The competition _____ (hold) in our city every year.
12. Be careful! That glass _____ (fall).
13. How often _____ your brother _____ (go) to hockey training?

14. The players _____ (already / receive) their medals.
 15. We _____ (not have) enough time to buy an extra ticket last night.

PHẦN 3. WORD FORMATION

1. He is a professional _____ who has won many competitions.
 (ATHLETE)
 2. Regular exercise improves blood _____. (CIRCULATE)
 3. The heart is responsible for the _____ of blood around the body.
 (MOVE)
 4. She is the team _____, so she often speaks to the referee. (CAPTAIN)
 5. It is _____ that our team will win because the other team is very strong.
 (DEFINITE)
 6. Swimming is a good way to improve your _____ fitness. (ATHLETE)
 7. Winning a gold medal was a great _____ for the young player.
 (ACHIEVE)
 8. There is a _____ that the match will be cancelled because of the rain.
 (POSSIBLE)
 9. The coach gave the players extra _____ before the final. (TRAIN)
 10. The heart is a muscular organ that works like a _____. (PUMP)

PHẦN 4. FILL IN EACH BLANK WITH A SUITABLE WORD

stadium	goalkeeper	trophy	nearly over	captain
coach	blood	lungs	artery	vein

Last Sunday, our school football team played an important match at the city (1) _____. Our (2) _____ had prepared the players carefully for several weeks. Before the game, the team (3) _____ gave an encouraging speech.

The match was exciting, and our (4) _____ made several excellent saves.
When the game was (5) _____, our team scored the winning goal.
Everyone cheered, and the players lifted the (6) _____ proudly.
After the match, our science teacher explained how the human body works
during exercise. The heart pumps (7) _____ around the body. An (8)
_____ carries blood away from the heart, while a (9) _____ carries
blood towards the heart. During exercise, we breathe faster because our (10)
_____ need more oxygen.

PHẦN 5. REWRITE THE SENTENCES

Viết lại câu sao cho nghĩa không đổi.

1. No player on the team is taller than Peter.

Peter is _____.

2. The coach trains the athletes every afternoon.

The athletes _____.

3. They started training two hours ago.

They have _____.

4. It is possible that our team will win the final.

Our team _____.

5. The match was so exciting that we watched it until the end.

It was such _____.

6. "Let's buy an extra ticket," Tom said.

Tom suggested _____.

7. The stadium is too far for us to walk to.

The stadium is not _____.

8. She last won a medal three years ago.

She hasn't _____.

9. The match will finish soon.

The match is _____.

10. Because he trained hard, he became a successful athlete.

He trained hard, so _____.

Phần 6. Make questions for the underlined words (Đặt câu hỏi cho phần gạch chân)

1. The team won three medals last year.

_____.

2. The players are training in the stadium.

_____.

3. The coach teaches the athletes new techniques.

_____.

4. Blood carries oxygen around the body.

_____.

5. She has been practising hockey for two years.

_____.

6. We need an extra ticket for our friend.

_____.

7. The match will start at 6 p.m.

_____.

8. Peter became the team captain because he was a good leader.

_____.

9. The heart pumps blood around the body.

_____.

10. They are going to visit the sports centre next Sunday.

_____.

PHẦN 7. READING COMPREHENSION

When people exercise, their bodies need more oxygen and energy. The heart works harder and pumps blood more quickly around the body. Blood carries oxygen and nutrients to different organs, including the muscles.

The lungs also work harder during exercise. People breathe faster to take in more oxygen and remove carbon dioxide. Blood travels through a network of blood vessels. Arteries carry blood away from the heart, while veins carry blood towards it.

Exercise is also important for athletes. They need regular training, a healthy diet and enough rest to perform well. A good coach can help athletes improve their skills and prepare for competitions. However, winning a trophy or a medal is not the only goal. Staying healthy and working well with teammates are important, too.

1. Why does the heart pump blood more quickly during exercise?

- A. Because the body needs more oxygen and energy.
- B. Because the body needs less water.
- C. Because the lungs stop working.
- D. Because the muscles do not need oxygen.

2. What does blood carry to the muscles?

- A. Carbon dioxide and water.
- B. Oxygen and nutrients.
- C. Food and liquid only.
- D. Oxygen and medals.

3. Why do people breathe faster when they exercise?

- A. To make their hearts stop pumping.
- B. To use less oxygen.
- C. To take in more oxygen and remove carbon dioxide.
- D. To make their muscles smaller.

4. What is the difference between arteries and veins?

- A. Arteries carry blood towards the heart, while veins carry blood away from it.
- B. Arteries and veins carry air to the lungs.
- C. Arteries carry blood away from the heart, while veins carry blood towards it.
- D. Arteries carry nutrients, while veins carry only water.

5. What do athletes need to perform well?

- A. Regular training, a healthy diet and enough rest.
- B. A trophy and an extra ticket.
- C. A large stadium and a new coach.
- D. Only a healthy diet.

6. According to the passage, what can a good coach help athletes do?

- A. Avoid all competitions.
- B. Improve their skills and prepare for competitions.
- C. Win every match without training.
- D. Stop working with their teammates.

7. What is important for athletes besides winning medals?

- A. Buying more tickets.
- B. Playing in the biggest stadium.
- C. Becoming the team captain.
- D. Staying healthy and working well with teammates.