

Name: \_\_\_\_\_

# Push and Pull Forces

Pushes and pulls are forces. You can make something start or stop moving when you push or pull it.

## Activity

Below are some pictures of children using pushing and pulling forces. Write down push or pull in the force box. Does the force cause something to **start** or **stop** moving? In the second box, write **Start** or **Stop**.



force:

  


force:

  


force:

  


force:

  

When you kick a soccer ball, WHAT TYPE of force do you use? Can you describe OTHER SPORTS or ACTIVITIES THAT involve pushing or pulling?



force: