

1 Read the passage and choose the correct answer A, B, C, or D.

Viet Nam is in the period of industrialisation and modernisation, and many aspects of Vietnamese lifestyle have changed. The biggest differences we can see now are in teenagers' lifestyle. They are now more flexible and casual in the way they dress. They wear their hair in different styles and even dye it different colours. They have become more confident in communicating with others, even with their elders. They are daring in their actions and ambitions. For many of them, technology has become important in their daily life. They use it for study and entertainment.

However, Vietnamese teenagers have also learnt to treasure their traditional values. Many customs and traditions are passed from generation to generation. Vietnamese teens show respect for the elders, at home and outside. They learn to value their families. They come to their parents for advice and ask for permission in their important decisions such as university study and marriage. They also wear traditional costumes such as *ao dai*, *ao tu than*, and cook traditional Vietnamese foods on special occasions.



1 The most significant change in lifestyle can be seen among _____.

- A. the elderly
- C. teenagers

- B. small children
- D. girls



2 The example of teenagers dyeing their hair in different colours shows that they are now _____.

- A. more creative
- C. more confident

- B. more flexible
- D. more responsible



3 Most teenagers use technology for _____.

- A. paying bills
- C. entertaining and studying

- B. making friends
- D. travelling



4 Which statement below is NOT correct according to the information in the passage?

- A. Teenagers appreciate traditions.
- B. Teenagers respect their parents' advice.
- C. Teenagers learn customs and traditions from their elderly.
- D. Teenagers want to depend on their parents.



5 Teenagers _____ wear traditional costumes.

- A. sometimes
- C. never

- B. always
- D. unwillingly



2

Choose the correct answer A, B, C, or D to fill in each blank in the following passage.

There are differences in terms of food habits between past and present lifestyles. People used to grow food like fruits, vegetables, and (1) _____. They raised fish in ponds and livestock on farms. They always had (2) _____ food. Their diet contained a lot of vegetables and fruits. They were, therefore, healthier and didn't need much extra (3) _____ because their daily work kept their bodies running. They had few diseases, especially those related to their digestive system. At present, technology has turned agriculture into mass (4) _____. Pesticides are used to assure fruitful crops. People keep their food in the fridge for some days or weeks before using it. Ready-made food at markets uses preservatives to keep it (5) _____. People eat more spicy fried food. Fast food is another major factor in modern food habits. Although many people find it (6) _____, it leads to many health conditions. As a result, people now are less healthy and suffer from more diseases.

1	A. cereal	B. bananas	C. cattle	D. carrots
2	A. convenient	B. ready-made	C. fresh	D. old
3	A. food	B. exercise	C. energy	D. medicine
4	A. crops	B. farming	C. storage	D. production
5	A. shorter	B. longer	C. stronger	D. healthier
6	A. convenient	B. expensive	C. troublesome	D. cheaper



E Writing



1 Choose the sentence that is best written from the words and phrases given.

- 1 Attitudes / people in the past / more traditional / now.
- A. Attitudes of people in the past are more traditional than now.
 - B. Attitudes people in the past were more traditional now.
 - C. Attitudes of people in the past were more traditional than now.
 - D. Attitudes of people in the past was more traditional than now.

- 2 The past lifestyle / be / describe / simple / a self-supplied economy.
- A. The past lifestyle can be described simple and a self-supplied economy.
 - B. The past lifestyle can be described as simple with a self-supplied economy.
 - C. The past lifestyle is described as simple but a self-supplied economy.
 - D. The past lifestyle is describing simple and a self-supplied economy.

1

Choose the best sentence that can be made from the given cues.

3. Today / people / be / more open-minded / free / express / opinions.
 A. Today, people are more open-minded and freely express their opinions.
 B. Today, people are more open-minded, and free to express opinions.
 C. Today, people more open-minded, so free to express their opinions.
 D. Today, people are more open-minded and freely to expressing their opinions.
4. Many teenagers / comfort / in clothing / matter / more / style.
 A. For many teenagers, comfort in clothing matters more than style.
 B. Many teenagers, comfort in clothing matter more than style.
 C. For many teenagers, comfort in clothing matters more style.
 D. For many teenagers, comfort and clothing matters more than style.
5. past / not many people / get / chance / educate themselves.
 A. The past, not many people got chance to educate themselves.
 B. In the past, not many people got the chance to educate themselves.
 C. In the past, not many people get the chance educate themselves.
 D. In past, not many people got chance for educate themselves.



2

Mark the letter A, B, C, or D to show the underlined part that needs correction in each sentence.

1. Parents used to keep their girls at home to do the day work and look after their siblings.
 A B C D
2. Today we use machines to do the same things with fewer effort and time.
 A B C D
3. With advancement in technology, transportation becomes much easier and faster.
 A B C D
4. In mine neighbourhood, most people still live in mud and wood houses.
 A B C D
5. There is now equally education opportunities for both boys and girls.
 A B C D



3

Write a passage (100 – 120 words) about a change in your lifestyle over the past three years.



You may mention:

- what change you will talk about.
- what it was like in the past.
- what change happened; how it is like now.
- how you feel about the change.



Sample answer:

Over the past three years, my lifestyle has changed a lot. In the past, I spent too much time on my phone and didn't do much exercise. I often stayed up late and felt tired the next day. Three years ago, I decided to live a healthier life. I started exercising regularly, eating more vegetables and going to bed earlier. Now I feel more energetic and productive. I also have more time for my family and friends. I am very happy with this change because I feel healthier, happier and more confident.

