

Workplace English Practice

GRAMMAR FOCUS: PREPOSITIONS OF TIME (AT VS. ON)

Name: _____

Date: _____

Grammar Quick Rule

- **AT** is used for specific clock times, exact moments, and meal times (e.g., *at 9:00 AM, at noon, at lunch time*).
- **ON** is used for days of the week, dates, and specific day periods (e.g., *on Monday, on Friday morning, on July 10th*).

Instructions: Circle the correct preposition (a or b) for each time phrase.

1. _____ 9:00 AM

a) at

b) on

2. _____ Monday

a) at

b) on

3. _____ 2:30 PM

a) at

b) on

4. _____ Friday morning

a) at

b) on

5. _____ noon

a) at

b) on

6. _____ Wednesday

a) at

b) on

7. _____ 5:00 PM

a) at

b) on

8. _____ July 10th

a) at

b) on

9. _____ lunch time

a) at

b) on

10. _____ the weekend

a) at

b) on

11. _____ 8:15 AM

a) at

b) on

12. _____ Thursday

a) at

b) on

13. _____ midnight

a) at

b) on

14. _____ Sunday afternoon

a) at

b) on

15. _____ 11:00 AM

a) at

b) on

16. _____ Tuesday

a) at

b) on

17. _____ 3:45 PM

a) at

b) on

18. _____ October 1st

a) at

b) on

19. _____ night

a) at

b) on

20. _____ Saturday evening

a) at

b) on