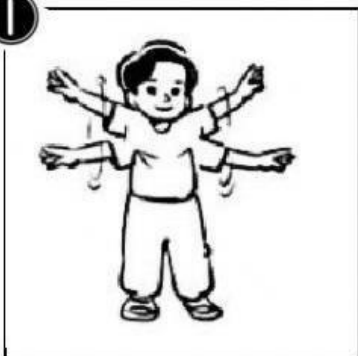


SENAMAN CERIA

- Pergerakan Bukan Lokomotor -

Padankan rajah dengan jenis pergerakan bukan lokomotor yang betul.

1



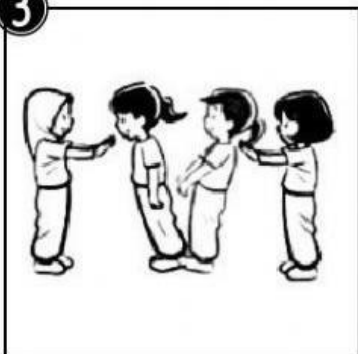
Meregang

Menolak dan mengimbang

2



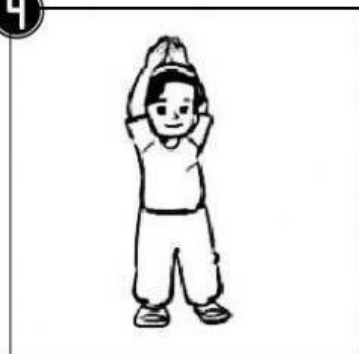
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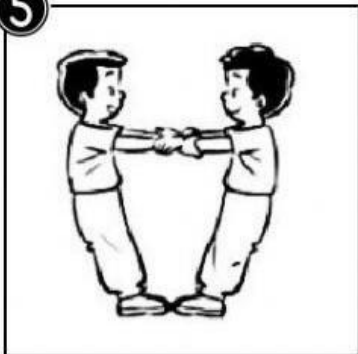
Mengayun

Mengilas

4



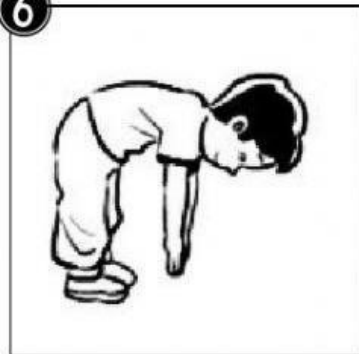
5



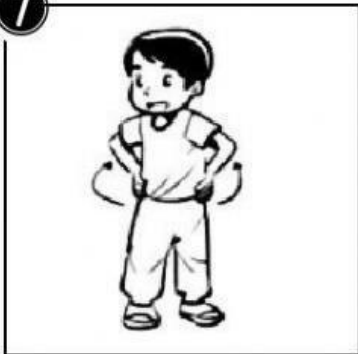
Membongkok

Memusing

6



7



Menarik

Membuai

8

