



4

Look at the photos of different activities below and answer the questions. Use the adjectives in Exercises 1 and 2 to help you.

- 1 Why do you think these people have decided to do these activities?
- 2 How would you feel about doing these activities?



kitesurfing



marathon  
running



paintballing



gardening



5



You will hear a girl talking about one of the experiences a–g. Listen and decide which experience she is talking about.

- a She rode a motorbike for the first time.
- b She was punished for something she didn't do.
- c She had to study all weekend for an exam.
- d She broke a bone.
- e She was trapped in a lift.
- f She won a competition.
- g She did a parachute jump.

6



Listen again. Which adjectives did she use to describe ...

- 1 the whole experience: *amazing*
- 2 how she felt after studying: ..... and .....
- 3 how she felt about her boyfriend's suggestion: .....
- 4 the thought of breaking a bone: .....
- 5 how she felt in the plane: ..... and .....
- 6 the jump itself: .....