

Name: _____

	Claim	Type of Claim	To Believe or Not?
1. Regular physical activity can improve a person's physical health. Walking, running, and playing sports can help keep the body active and strong.		→	 
2. Sports can be fun and exciting. For many students, playing sports is one of the best ways to spend their free time.		→	 
3. Students spend many hours sitting in classrooms. Short physical activities can help students move and stay active. Schools should give students time for physical activities during the school day.		→	 
Fact	Value	Policy	