

UNIT 4 — FOOD AND RESTAURANTS LESSON 3 | Top Notch 1 – Workbook

12. Look at the menu. Then answer the questions with short answers.

1. Does the pasta come with a salad?

Yes, it does.

2. What kind of soup is there?

3. Is there any seafood on the menu?

4. Are there any healthy foods on the menu?

5. Is the fish entrée spicy?

6. Does this restaurant accept credit cards?

7. What kind of salad is there?

JACK'S RESTAURANT

SOUPS

Clam Chowder Chicken Vegetable

SALADS

Pasta Salad Mixed Green Salad

ENTRÉES

ALL ENTRÉES INCLUDE A CHOICE OF SOUP OR SALAD.

Teriyaki Steak with mashed potatoes

Vegetable Beef Stew with carrots, potatoes, and

Pasta with tomato sauce

 Grilled Fish with garlic and red pepper sauce

LITE ENTRÉES

Low-Fat Baked Chicken with cottage cheese and fruit

Vegetable Sandwich—sweet bell peppers, cucumbers,
and mixed salad greens on pita bread

BEVERAGES

Bottled Water Soft Drinks Tea Coffee

 = This is a hot dish!

SORRY, WE DO NOT ACCEPT CREDIT CARDS.

13. Read the webpage on page 46 of the Student's Book again. Circle the healthier fast-food options.

- | | |
|-----------------------------------|----------------------------|
| 1. a. chicken | b. red meat |
| 2. a. grilled | b. fried |
| 3. a. food with breading | b. food without breading |
| 4. a. regular-size portion | b. super-size portion |
| 5. a. french fries | b. fruit cup or side salad |
| 6. a. frozen yogurt or fruit ices | b. ice cream or cookies |

Now answer the questions, according to the website.

1. What's unhealthy about breading?

2. Why is it a good idea to eat slowly?

3. What's unhealthy about french fries?

4. What's healthy about frozen yogurt or fruit ices?
