

Soalan 2

Baca dan fahami situasi di bawah. Kemudian, berikan pendapat kamu berdasarkan situasi tersebut. Panjangnya jawapan kamu hendaklah tidak lebih daripada 30 patah perkataan.

Alif baru tiba di sekolah baharu. Guru-guru belum mengetahui bahawa dia mengalami masalah kesihatan yang menghalangnya daripada melakukan aktiviti fizikal yang berat. Dia juga telah dinasihatkan oleh doktor untuk tidak menjalani aktiviti Pendidikan Jasmani di sekolah.

2 Sekiranya kamu berada dalam situasi Alif, apakah yang akan kamu lakukan?

1. The first part of the paper is a review of the literature on the topic. It discusses the various methods used to study the effects of stress on the immune system, and the results of these studies.

2. The second part of the paper is a description of the experimental design used in the study. It includes details about the subjects, the procedures, and the measures used to assess the immune response.

3. The third part of the paper is a discussion of the results of the study. It compares the findings to the results of previous studies, and discusses the implications of the findings for our understanding of the relationship between stress and the immune system.

4. The final part of the paper is a conclusion. It summarizes the main findings of the study, and discusses the limitations of the study and the need for further research.