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Jo's Big Soccer Game

Jo loves to play soccer. Every Saturday, he plays with his team. Today is a big game. Jo feels excited, but he also feels nervous. His hands feel cold. His tummy feels funny. He looks at his mom in the crowd. She waves and smiles at him. Jo feels a little better.

The game starts. Jo runs fast. He kicks the ball hard. Then, something amazing happens — Jo scores a goal! He feels so happy! His team cheers loudly. Jo jumps up and down. But then, another team scores too. Now Jo feels worried. Can his team still win?

At the end of the game, Jo's team wins by one point! Jo feels proud and joyful. He hugs his teammates. On the way home, Jo tells his mom about every part of the game. He feels tired, but also very happy inside. Jo learns something new: feelings can change fast, just like a soccer game. And that is okay.