NAME:..... G9-U3-TEST 1-MARKS:.....

1 Choose the correct answer to complete each sentence below.

1. Many young people move to the _____ because there are more job opportunities there.
   a. countryside b. city centre
2. We usually take the _____ when we want to avoid traffic on the streets.
   a. metro b. pavement
3. This neighbourhood has several public _____, such as parks, libraries, and sports centres.
   a. amenities b. skylines
4. During rush hour, the roads are often filled with heavy _____.
   a. congestion b. convenience
5. Da Nang is a very _____ city because it is clean, modern, and comfortable to live in.
   a. liveable b. polluted

2 Fill in each gap with a word from the box to complete the passage.

peaceful affordable crowded polluted convenient

Lan used to live in a small town, where life was quiet and (1) _____. Now she studies in a big city. She likes it because public transport is more (2) _____ and there are many shops and entertainment centres. However, some streets are always (3) _____, especially at weekends. The air is also more (4) _____ because of traffic and construction work. Even so, Lan thinks city life can still be enjoyable if housing is more (5) _____.



Grammar

3 Complete the sentences with the particles in the box.

away out with down on down with

1. People should cut _____ single-use plastic to protect the environment.
2. Teenagers often hang _____ at shopping centres after school.
3. My sister came _____ the flu after the school trip.
4. The scientists carried _____ a survey on traffic problems in big cities.
5. Don't throw food _____ if it is still good enough to eat.

4 Choose the correct answer.

1. Ho Chi Minh City is always full of people and activities, so it is a very _____ city.
   A. peaceful B. bustling C. quiet D. empty
2. We often take the _____ to avoid traffic jams in the city centre.
   A. pavement B. metro C. suburb D. skyline
3. The more trees a city has, the _____ the air becomes.
   A. clean B. cleaner C. cleanest D. more clean
4. My brother came _____ the flu after getting caught in the rain.
   A. out B. away C. down with D. down on
5. The local council wants to cut _____ noise pollution in residential areas.
   A. with B. out C. down on D. away

LIVEWORKSHEETS

1 Choose the correct answer to complete each sentence.

1. Doing regular exercise helps you stay _____ and reduces the risk of illness.
   A. active B. stressed
2. Getting enough sleep is important for your physical and _____ health.
   A. mental B. routine
3. A _____ can give you advice if you feel worried or have personal problems.
   A. counsellor B. habit
4. You should make your health a _____ so that you can have a happier life.
   A. priority B. balanced diet
5. Having a _____ means eating different types of food, such as fruit, vegetables, protein and grains.
   A. sleep B. balanced diet

2 Fill in each gap with a word from the box.

priority mental habits active counsellor

I'm trying to live a healthier life at school. First, I want to be more (1) _____, so I join the school sports club. I also know that my (2) _____ health is important, so I try to spend time with my friends and do things that make me happy. I'm building good (3) _____, like drinking water and going to bed early. Keeping a balanced lifestyle is a (4) _____ for me because I want to have more energy. If I ever feel stressed, I can talk to the school (5) _____ for support.





3 Choose the correct answer.



1. You _____ drink more water every day.
   A. should B. shouldn't C. need to D. don't have to
2. _____ late at night, or you will feel tired tomorrow.
   A. Don't stay B. Staying C. Stay D. To stay
3. I feel stressed _____ I have too much homework.
   A. because B. so C. but D. and
4. You should eat more vegetables _____ they are good for your health.
   A. because B. so C. although D. but
5. If you want to be healthier, you should _____ more exercise.
   A. do B. does C. doing D. to do

4 Complete the sentences with the correct form of the words in brackets.

1. Regular _____ (exercise) can help you stay fit and strong.
2. You should try to eat a _____ (balance) diet with lots of fruit and vegetables.
3. Getting enough sleep is important for your _____ (health).
4. I find _____ (relax) activities, like listening to music, very helpful after a busy day.
5. She drinks water _____ (regular) to keep her body healthy.

5 Reorder the words to make meaningful sentences.

1. exercise / You / should / regularly / to / stay healthy .
   _____
2. because / go to bed early / I / tomorrow / have to / so / will be tired / I / don't .
   _____
3. helps / Eating / your body / food / healthy / stay .
   _____
4. a / It / to / balance / have / is / life / important / study and play .
   _____



LIVEWORKSHEETS