

1

NEW YEAR, NEW CHALLENGE

VOCABULARY

Education: phrasal verbs

1 Match the beginnings and ends of the sentences.

- | | | |
|---------------------------------------|-------|--|
| 0 I enjoy trying | c | a behind after school and do some extra work. |
| 1 I think we break | _____ | b down all the details in your book. |
| 2 Daniel hasn't handed | _____ | c out new things. |
| 3 I'm going to go | _____ | d up for the summer on 6th June. |
| 4 Don't put things | _____ | e out all the new assignments yesterday. |
| 5 This year, I think I'm going to get | _____ | f in his homework yet. |
| 6 The swimming coach read | _____ | g in the school football team this term. |
| 7 I'm going to stay | _____ | h out the answer to this maths problem. |
| 8 Our teacher gave | _____ | i out the names of everyone in the team. |
| 9 I love joining | _____ | j off for too long or you might never do them. |
| 10 Don't forget to note | _____ | k on well at school. |
| 11 If I play well, I'll get | _____ | l in when someone starts singing. |
| 12 I can't figure | _____ | m for the position of team captain. |

2 Complete the email with the phrasal verbs in the box.

break up figure out get in ~~get on~~ give out go for
hand in join in note down put off stay behind try out

Hi Sophia,

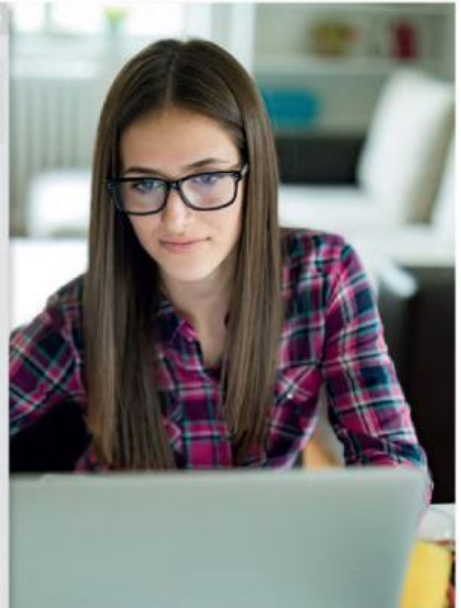
I've just started at my new school and it's great. I think I'm going to ⁰ get on really well here. There are lots of interesting clubs – I'm going to ¹ _____ rock climbing this year! I've never done it before, but it sounds fun so I decided to ² _____ it.

The students in my class are really friendly. A few ³ _____ after school to play basketball and they asked me to ⁴ _____ with them. As you know, I'm pretty good at basketball and my new friends think I will ⁵ _____ the school team if I try!

There's a lot more work to do, though. The teachers ⁶ _____ homework every day and we have to ⁷ _____ most of it the next morning. There's always one piece that we can do over the week, but I try not to ⁸ _____ doing it for too long. I have to remember to ⁹ _____ everything the teachers say about the homework, or I forget it. The timetable is quite complicated too, but I'll ¹⁰ _____ where to go at what time soon, I'm sure!

We ¹¹ _____ on 15th December, so I'll come and visit you then. Write soon!

Debbie



READING

1 What advice would you give to someone starting at a new school? Write three ideas.

2 Quickly read the article on page 5. Does the author give the same advice as you?



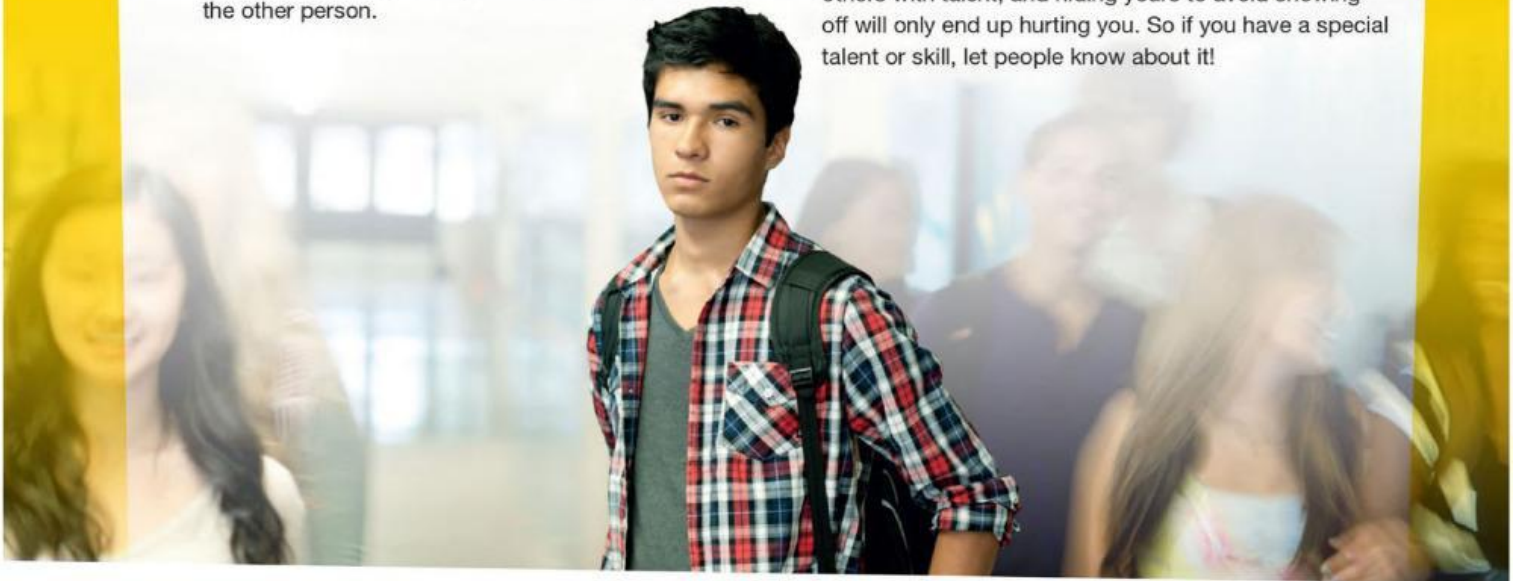
3 Match the headings to the paragraphs (A–G).

- | | |
|--------------------------------|-------|
| 0 Get involved! | F |
| 1 Find out about the school | _____ |
| 2 Be a conversation starter | _____ |
| 3 Don't be afraid to stand out | _____ |
| 4 Pay attention to others | _____ |
| 5 Be brave | _____ |
| 6 Put on your friendly face | _____ |

NEW KID *at school?*

Going to school in a new town can be pretty stressful. Believe me, I know from experience. Not to worry though, there are ways to get through it! Here are a few tips I've **come up with**. I hope they help!

- A** When you go in on your first day at your new school, remember that not everyone is as scary as they seem. Those first few hours are always a bit **rough**, but don't be afraid or shy. Just go for it! It's nearly always true that most people are nice once you have a chance to talk to them.
- B** It's likely that your teachers will introduce you to your new classmates, but make sure you personally introduce yourself to the student sitting next to you. Looking for something to talk about? Don't worry! Being new is a great topic. People seem to love talking about where you're from and the school you used to go to.
- C** Take time to learn the names of other people, and don't forget to take an interest in the person you're talking to. It shows that you're not just concerned about yourself, but also learning about the other person.
- D** It sounds obvious but it really works: make eye contact with others, smile at them when they look at you and laugh when they say something that's amusing to you. It makes you seem open and easy-going.
- E** Nobody expects you to know everything about your new school the first day you walk in. It's highly **probable** that your new school will be totally different from the one you just came from. If you have a question, ask it! Don't forget that everyone is new at some point.
- F** Whether you're entering a new school at the beginning of the year or in the middle, the best way to meet new people is by joining in activities like clubs and sports. After school is a time when students with similar interests get together and it's an **ideal** way to introduce yourself.
- G** If you're good at a certain sport or do well in a certain subject, don't be shy – show it! People are **drawn** to others with talent, and hiding yours to avoid showing off will only end up hurting you. So if you have a special talent or skill, let people know about it!



4 Read the text and decide if the statements (1-8) are True (T), False (F), or Not Stated (NS).

- 1 The author admits that the first few hours at a new school are usually difficult.
- 2 You should wait for your teacher to introduce you to the other students.
- 3 The author recommends buying a small gift for the person sitting next to you to start a conversation.
- 4 Smiling and making eye contact can help you appear more open and easy-going.
- 5 The author believes you must know everything about your new school on the first day to fit in.
- 6 Joining clubs or sports is mentioned as the best way to meet new people.
- 7 If you show your talent, you will definitely become the most popular student in the school.
- 8 Hiding your talents or skills will only make things worse for you.



5 Match the **highlighted** words and phrases in the text to the definitions.

- | | |
|------------------------------|-------|
| 1 attracted | _____ |
| 2 perfect | _____ |
| 3 think of (an idea or plan) | _____ |
| 4 likely | _____ |
| 5 difficult or unpleasant | _____ |