

NOMBRE:

1.-Read the text carefully and answer the six questions.

A Different Way to Study

Many students study in the same way every day, usually by reading their notes several times before an exam. However, some students have started using a different method: studying in short sessions instead of studying for several hours at once.

For example, a student may study for 25 minutes and then take a five-minute break. During the study time, the student focuses on one specific topic and avoids using social media or checking messages. After the break, the student continues with another topic. Some students also use these short sessions to review vocabulary, practice exercises, or prepare for a test.

This method can make studying feel less tiring because students do not have to concentrate for many hours without a break. It can also help them organize their time better. However, the method does not work in exactly the same way for everyone. Some students prefer longer study periods, while others feel more comfortable with shorter ones.

Questions

1.- What is the main idea of the text?

2. How long is one example of a study session?

3. What should students avoid during the study time?

4. What can students do during short study sessions?

5. Why can this method make studying feel less tiring?

6. What does the text say about this study method?