

1 Match the words

Match the words with their meanings.

- | | |
|--------------|-----------------|
| 1 dim light | a bệnh |
| 2 lip balm | b son dưỡng môi |
| 3 tofu | c đậu hũ |
| 4 soft drink | d nước ngọt |
| 5 avoid | e tránh |
| 6 disease | f ánh sáng yếu |

2 Choose the correct answer

Choose the best answer (A, B or C).

- You should use _____ when your lips are dry.
A. tofu B. lip balm C. disease
- Drinking too much _____ is not good for your health.
A. soft drink B. dim light C. tofu
- We should eat more _____ to stay healthy.
A. coloured vegetables B. red spots C. disease
- Washing your hands often helps prevent _____.
A. disease B. lip balm C. dim light

3 Complete the sentences

Use the words in the box to complete the sentences.

keep fit affect touch the face
chapped lips spend a long time in the sun

- Playing sports helps us _____.
- Too much sugar can _____ your health.
- You should not _____ with dirty hands.
- My lips are dry. I have _____.
- Don't _____ without a hat.

4 Make meaningful expressions

Match A with B to make phrases.

- | A | B |
|---------|-----------------------|
| 1 keep | a fit |
| 2 wash | b your hands |
| 3 avoid | c touching your face |
| 4 eat | d coloured vegetables |
| 5 get | e red spots |



Good
Food
Good Mood

5 Rearrange the words

Put the words in the correct order to make complete sentences.

- often / wash / your / hands / You / should _____
- should / avoid / We / soft drinks _____
- fit / exercise / to / I / keep / every day _____
- in / Don't / the sun / spend / a long time _____



Exercise 6 Choose the correct word to complete each sentence.

/f/ or /v/?

- 1 She put on a beautiful _____ at the wedding. (veil / view)
- 2 Please _____ the room before you go. (leave / laugh)
- 3 That man is very _____. (fat / fan)
- 4 I want a cup of _____. (coffee / cough)
- 5 Can you _____ the cake into two parts? (halve / heavy)
- 6 I love that mountain _____. (view / oven)
- 7 He took a _____ of his family. (photo / phrase)
- 8 Be careful! The pan in the _____ is very hot. (oven / orphan)
- 9 She has a _____ in her garden. (fan / vine)
- 10 The doctor said he should _____ less. (move / cough)



3. Choose the word pronounced differently

Gạch chân từ có phần gạch chân phát âm khác với các từ còn lại.

- 1 A. fan B. fin C. vest D. fat
- 2 A. veil B. view C. vine D. fan
- 3 A. rough B. cough C. laugh D. move
- 4 A. photo B. phrase C. orphan D. hheavy
- 5 A. lease B. halve C. move D. coffee
- 6 A. veal B. vest C. view D. fin
- 7 A. fat B. photo C. rough D. oven
- 8 A. hheavy B. lease C. vine D. laugh

4. Circle /f/ or /v/

- 1 fat /f/ /v/
- 2 veil /f/ /v/
- 3 coffee /f/ /v/
- 4 move /f/ /v/
- 5 phrase /f/ /v/
- 6 view /f/ /v/
- 7 orphan /f/ /v/
- 8 heavy /f/ /v/
- 9 laugh /f/ /v/

Listen
Say
Repeat
Get Better!



Exercise 8 Complete the sentences with the correct form of the words in the box.

veil leave halve orphan rough laugh move cough heavy view

- 1 The bride wore a long white _____.
- 2 Please _____ your bag here before entering the room.
- 3 Can you _____ the apple into two pieces?
- 4 An _____ is a child who has no parents.
- 5 The road is very _____ and difficult to walk on.
- 6 We all _____ when we saw the funny video.
- 7 Please don't _____ those boxes. They are heavy.
- 8 He has a bad cold and keeps _____.
- 9 This box is too _____ for me to carry.
- 10 The _____ from the top of the hill is amazing.

Use the
correct form
of the words.

