

LIFE SKILLS

PHYSICAL WELL-BEING

SAFETY AT HOME



LIFE SKILLS

Safety at home

What is safety at home?

- Being careful with hot drinks or hot food
- Taking care with broken glass
- Never leaving things on stairs

1 Look at the signs and answer the questions.



- 1 What do you think each sign means?
- 2 Where can you see each sign?
- 3 What does a fire extinguisher do?

2 Look at the photos. Match the photos A-G to the words 1-7.

- | | | |
|-----------|----------|-----------|
| 1 lighter | 4 heater | 6 stairs |
| 2 rug | 5 iron | 7 matches |
| 3 knives | | |



Talk about the things you have in your home.
How can these things be dangerous?

- 3 Read the text quickly. Match the words in the box to the paragraphs. Do you follow these tips at home?

Burns Cuts Falls

- 4 Look at the text again. Then choose the correct answers to complete the sentences.

- 1 It's dangerous to _____ lighters and matches wrongly.
a touch b use c have
- 2 Cookers get _____. You can burn yourself.
a cold b hot c fire
- 3 It's a good idea to keep a _____ at home for emergencies.
a lighter b heater c fire extinguisher
- 4 It's not a good idea to leave _____ on the stairs.
a a rug b shoes and books c a desk
- 5 Be careful! You can _____ down the stairs.
a burn yourself b cut yourself c fall
- 6 It's dangerous to play with _____ and scissors.
a knives b rugs c glasses

TIPS TO BE SAFE

AT HOME

Homes are wonderful places. We can rest, study, play games and spend time with our friends and family in our homes, but there are dangers there too.

Here are some ideas to help keep safe and happy at home.



1

- > Be careful in the kitchen – hot food and hot drinks can burn you.
- > Cookers can be dangerous – take care.
- > Don't touch a hot **iron** or **heater**.
- > Be careful with matches and lighters.
- > It is a good idea to keep a **fire extinguisher** at home.

2

- > Don't leave books, bags, shoes or other things on the stairs.
- > Turn the light on when you use the stairs.
- > Don't run upstairs or downstairs.
- > Make sure **rugs** don't move.
- > Be careful when the floor is wet.
- > Don't stand on chairs or tables.



3

- > Use scissors and knives carefully.
- > Be careful with broken glass or **mirrors**.
- > Don't touch **sharp**, metal objects.



WHAT TO DO IN AN EMERGENCY

Keep a list of emergency telephone numbers in a special place at home or on your mobile phone. Are you hurt? Ask a parent or teacher for help, or call the emergency services.