



**A**

## HOW DOES IT TASTE?

Complete the sentences with a word from the box. Use each word once.

bitter creamy crunchy delicious salty spicy sour sweet tasteless juicy

- This chocolate cake is really \_\_\_\_\_. I love it!
- These crisps are too \_\_\_\_\_. I need a drink.
- Lemons are very \_\_\_\_\_.
- I don't like black coffee. It's too \_\_\_\_\_ for me.
- This soup is very \_\_\_\_\_. It feels so smooth.
- These apples are fresh and \_\_\_\_\_.
- The cheese doesn't have much flavour. It's quite \_\_\_\_\_.
- I love mango. It's naturally \_\_\_\_\_.
- This curry is really \_\_\_\_\_. My mouth is burning!
- I like carrots because they're nice and \_\_\_\_\_.



**B**

## BODY CHALLENGE

Can you do these things?

Complete each sentence with a **verb** and a body **part** from the boxes. Use each word once.

### Verbs

scratch raise pat turn touch rub bend point

### Body parts

forehead eyebrow shoulder neck cheek elbow knee ankle



\_\_\_\_\_ your  
\_\_\_\_\_.



\_\_\_\_\_ one  
\_\_\_\_\_ without  
moving the other one.



\_\_\_\_\_ your  
\_\_\_\_\_.



\_\_\_\_\_ your  
\_\_\_\_\_ from  
side to side.



\_\_\_\_\_ your  
\_\_\_\_\_ with  
two fingers.



\_\_\_\_\_ your  
\_\_\_\_\_.



\_\_\_\_\_ your  
\_\_\_\_\_.



\_\_\_\_\_ to your  
\_\_\_\_\_.



## A

## HOW MUCH? HOW MANY?

Complete the sentences with much, many, a lot of, a few, a little or any.

**much      many      a lot of      a few      a little      any**

- 1 How \_\_\_\_\_ water do you drink after exercising?
- 2 How \_\_\_\_\_ eggs do we need for this recipe?
- 3 There is only \_\_\_\_\_ flour left, so we need to buy some more.
- 4 We bought \_\_\_\_\_ vegetables at the market this morning.
- 5 There are \_\_\_\_\_ apples in the fruit bowl. You can take one.
- 6 Is there \_\_\_\_\_ yoghurt in the fridge?
- 7 I don't put \_\_\_\_\_ salt in my food.
- 8 We don't have \_\_\_\_\_ bananas, so we can't make the smoothie.
- 9 Add \_\_\_\_\_ olive oil to the pan before you cook the onions.
- 10 There are only \_\_\_\_\_ slices of bread left.
- 11 How \_\_\_\_\_ rice should I cook for four people?
- 12 We don't have \_\_\_\_\_ cheese for the sandwiches.
- 13 My dad drinks \_\_\_\_\_ coffee every day because he loves it.
- 14 There are \_\_\_\_\_ ingredients in this recipe, so it's easy to make.
- 15 We have \_\_\_\_\_ tomatoes, but we need more for the sauce.

## B

## AT THE DINNER TABLE

Read the dialogue between Mia and her dad. Complete the blanks with the correct object pronoun from the box. Some pronouns may be used more than once.

**me      you      him      her      it      us      them**

- Dad:** Mia, can you help (1) \_\_\_\_\_ set the table, please?
- Mia:** Sure! Where are the plates? I can't find (2) \_\_\_\_\_.
- Dad:** They're in the cupboard. Oh, and can you call your brother? Dinner is ready for (3) \_\_\_\_\_ too.
- Mia:** Tom! Dinner's ready! (Tom enters.)
- Tom:** Wow, this smells amazing! Did you cook (4) \_\_\_\_\_, Dad?
- Dad:** Yes, I made your favourite — chicken curry! I made it especially for (5) \_\_\_\_\_, since I know you love spicy food.
- Tom:** Thanks, Dad! Can you pass (6) \_\_\_\_\_ the rice, Mia?
- Mia:** Here you go! And Dad, this salad looks great. Did Mum help (7) \_\_\_\_\_ make it?
- Dad:** Yes, actually! She picked all the vegetables and gave (8) \_\_\_\_\_ to me this morning.
- Mia:** Well, tell (9) \_\_\_\_\_ thank you — it's delicious!
- Dad:** I will! Now, let's all sit down. I made this meal for (10) \_\_\_\_\_ to enjoy together.



# VOCABULARY & GRAMMAR: HEALTH & ADVICE

Small changes  
lead to a healthier you! 😊

## A WHAT'S THE PROBLEM?

Match the health words with definitions 1–5.

allergy    cough    sneeze    stomachache    temperature

- 1 You may do this when you have a cold or your throat feels irritated. \_\_\_\_\_
- 2 You may do this suddenly when something irritates your nose. \_\_\_\_\_
- 3 You may have this if something you eat makes you feel ill. \_\_\_\_\_
- 4 This can be high when you are ill or have the flu. \_\_\_\_\_
- 5 You may have this after eating too much or eating something that disagrees with you. \_\_\_\_\_



## B WHAT A DISASTER!

Complete the text with the words from the box.

ankle    finger    head    hurt    stomachache

*Our class cooking competition was a disaster!*

First, I (1) \_\_\_\_\_ my (2) \_\_\_\_\_ while I was carrying a box of ingredients. Then my friend got a (3) \_\_\_\_\_ after eating too many sweets. My brother cut his (4) \_\_\_\_\_ while opening a packet of food. Later, our teacher bumped her (5) \_\_\_\_\_ on a cupboard door!



## C THE DOCTOR'S ADVICE

Complete the doctor's advice with the correct words from the box. Some words may be used more than once.

a few    shouldn't    much    should    a little    many    a lot of

**Doctor:** Good morning, Mr Lopez. Let's talk about your diet and habits.

- 1 You \_\_\_\_\_ drink too \_\_\_\_\_ coffee.
- 2 You \_\_\_\_\_ eat \_\_\_\_\_ vegetables every day.
- 3 You \_\_\_\_\_ eat \_\_\_\_\_ sweets.
- 4 You \_\_\_\_\_ have \_\_\_\_\_ pieces of fruit every day.
- 5 You \_\_\_\_\_ add \_\_\_\_\_ salt to your food.

*Healthy habits  
for a better you!*

- ☒ Eat a balanced diet
- ☒ Drink water
- ☒ Be active
- ☒ Get enough rest
- ☒ Take care of yourself



You can do it! 😊