

Name _____ Class _____ Date _____

VOCABULARY

1 Choose the right word to complete the sentences.

- My parents got *on / back* late last night. I didn't hear them come in.
- What time does the train get *at / to* London?
- Mike and John got *up / lost* when they went hiking because they forgot their map.
- We always get *up / on* early on Saturdays because we help Mum in the house.
- A lot of people get *up / on* the bus in the morning, so I don't often get a seat.
- Last weekend I went *hiking / zip wiring* with my cousins. We walked 50 km!
- In the summer, we went *diving / camping* and it was amazing to see so many different colourful fish.
- Last year I went *paddle boarding / horse riding* for the first time. It's a great way to travel on water.
- We go *kite surfing / diving* in New Zealand where the beaches are wide and there is plenty of wind so we move quite fast.
- I love *mountain biking / waterskiing* because you go so fast you feel you are flying on water!
- My brother and I often go *sailing / zip wiring* at the weekend. We live near the sea so it's easy to get on the water.
- We're going *mountain biking / diving* in the hills this weekend so I hope it stays dry.

2 Complete the sentences with the words from the box.

backpack compass first-aid kit map
sleeping bag tent torch walking boots

- I'm taking my winter _____ because I think it's going to be cold this weekend.
- I can't see anything. Have you got a _____ I can borrow?
- We need to head west to start with, so let's check the direction on the _____.
- Pack your _____ because we might go hiking tomorrow.
- Have you got a _____ in case someone hurts themselves?
- You and Tom can sleep in that _____ and Jane, Tina and I will take this one which is bigger.
- Did you put an extra jumper in the _____?
- I don't know which way to go here. Let's look at the _____.

GRAMMAR

3 Are the sentences talking about now (N) or the future (F)?

- I'm trying to concentrate so please be quiet.
- We're flying to the coast later.
- Paul isn't feeling well so he wants to go home.
- Why aren't you listening to me?
- When is David coming home?
- Lucy is sitting in the garden.
- My brothers are helping me at the weekend.
- I'm going to the new French café this afternoon.

4 Complete the sentences with the verb in brackets. Use the present continuous.

- We _____ (meet) Jack outside the cinema at 6 o'clock, so don't be late!
- I _____ (not go) away this weekend, so why don't we do something together?
- Julia _____ (take) her English exam next week so she's quite nervous.
- What _____ (you / do) this summer?
- My parents _____ (travel) to Madrid later.
- We _____ (not play) football after school because it's too wet.
- Mum _____ (run) a half-marathon on Saturday!
- I _____ (have) a party next week. Do you want to come?

PRONUNCIATION



5 Listen and underline the stressed words in the sentences.

- We aren't walking up that hill today.
- They're going diving in Australia this summer.
- Are you going camping this weekend?
- She isn't going kite surfing with us this time.
- Is he joining us at the zip wire?
- I'm taking the first-aid kit and a torch.
- We're getting back from our holiday on Friday.
- He's buying some new walking boots and a backpack.