

III. Practice:**Exercise 1: Fill in the blank with a suitable word / phrase.**

1. I always _____ after waking up every morning.
2. All relationships have _____ but we must accept each other's difference.
3. I was born in a _____ family, with my parents, my sister, and me.
4. I gradually _____ from my high school friends as they all study abroad.
5. She took _____ when I was around and only appreciated me when I left.
6. Although we're very busy with our personal life and work, we are still a very _____ family.
7. It always takes me 5 cups of coffee to _____ the day.
8. It's quite hard for me to _____ with my acquaintances because they live so far away from my current home.
9. I used to _____ my mother over many trivial problems.
10. Anne is always _____. I can always _____ her for help.
11. When I was young, my mum usually took _____ to the park every weekend.
12. Sometimes, I _____ at weekends when I don't have to go to work.
13. My role model is my father. I really _____ him.
14. Kate and I have been friends for 10 years. We have a _____.

Exercise 2: Read the text and match the phrases that have similar meanings.

Hi, my name's Tri. I (1) _____ in Hanoi but my family lives in Da Nang. I often help a lot around the house and I usually help my mum do the (2) _____. My brother is lazy and he never washes his clothes. He always leaves them in a pile on his bedroom floor. In the evening after school, I always (3) _____ my room. I put things away and get my schoolbag ready for the next day. My dad sometimes (4) _____ after dinner. We don't have a dishwasher at the moment because our old one broke down, so he has to clean the dishes by himself. My sister likes cooking, so she often helps mum make (5) _____. She prepared a delicious meal of roast chicken last weekend. Sometimes my brother puts the rubbish out, but he usually just leaves it by the back door instead of taking it out to the bins. We all usually try and help and do the cleaning. When the housework is done, we always (6) _____ and watch TV.

- | | | | | |
|----|--------------|------------|---------------|-------------|
| 1. | A. born | B. raised | C. was raised | D. was born |
| 2. | A. laundry | B. dishes | C. dinner | D. house |
| 3. | A. stand up | B. tidy up | C. make up | D. wake up |
| 4. | A. washes up | B. gets up | C. looks away | D. turns up |
| 5. | A. dish | B. cook | C. dinner | D. meal |
| 6. | A. cry | B. study | C. relax | D. sleep |

Exercise 3: Match the words from column A with their definition in column B.

A	B
1. nuclear family	A. a brother or sister
2. a night owl	B. a family unit that includes grandmothers, grandfathers, aunts, and uncles
3. personal hygiene	C. to change your clothes
4. kick start the day	D. a person who gets up early in the morning
5. relative	E. to keep yourself and your environment clean in order to maintain health and prevent disease
6. sibling	F. a person who tends to stay up late at night
7. extended family	G. to begin a fresh new day
8. get dressed	H. a family that consists of parents and children
9. an early bird	I. a difference between two things
10. gap	J. a member of your big family
11. in-law	K. a mother or father
12. cousin	L. to end a day
13. parent	M. a member of your husband or wife's family
14. get sb out into the fresh air	N. to get out and breathe in some fresh air
15. call it a day	O. a child of a person's aunt or uncle, or, more generally

Exercise 4: Find the words with the OPPOSITE meaning of the underlined text.

- Interviews always stress me out.
A. get on well B. look up to C. grow away D. ease my mind
- My sister and I fight a lot.
A. get along B. drift apart C. give me energy D. are on good terms
- I started karate when I was nearly 40.
A. from youth B. at an early age C. during my age D. when I'm old
- All of them moved near a close relative, most often a married son or daughter.
A. family member B. sibling C. distant relative D. in-law
- Jen and I never kept in touch after college.
A. lost contact B. lost numbers C. had a gap D. socialized
- I need to turn off the alarm so I can get a few more minutes of sleep.
A. open B. silence C. set D. mute
- Pushed away the pain so hard, he disconnected himself from the person he loved.
A. isolated B. socialized C. separated D. got out

Exercise 5: Match the daily activities with the correct picture.

do the washing-up

feed the cats

mop the floor

bathe the baby

fold the clothes

mow the lawn

do the laundry

water the houseplants

do the shopping

make the bed

do the cooking

take out the garbage



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



10. _____

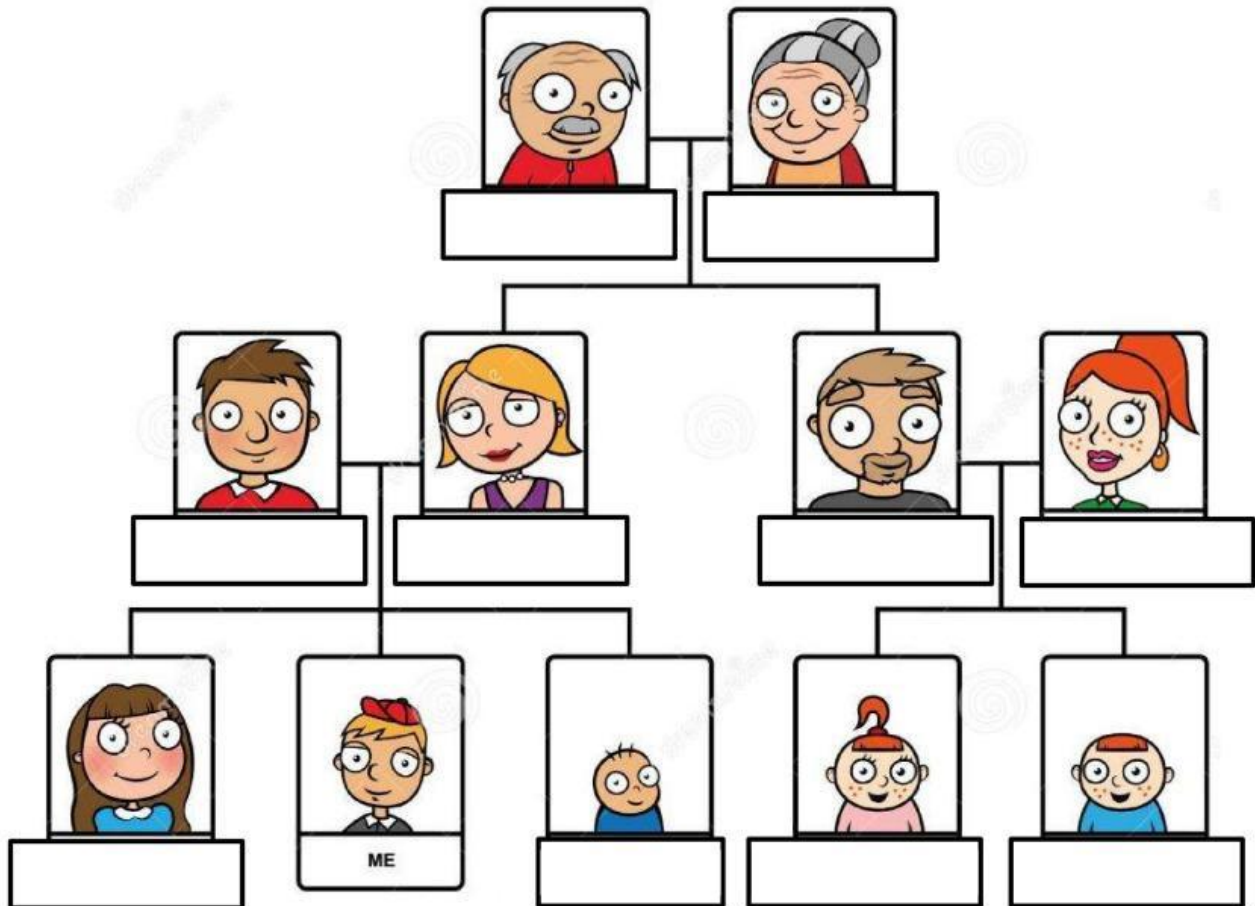


11. _____



12. _____

Exercise 6: Fill in the family tree below.



Exercise 7: Decide if these sentences are True or False.

Sentence	True	False
1. "Take sth into consideration" means to ignore something when making decisions.		
2. If you are "responsible for sth," you are held accountable for it.		
3. "Sleep in" means to wake up early.		
4. "Was born in" refers to the place or time someone was born.		
5. "Set an alarm" means to remind yourself about something by writing it down.		
6. An "early bird" is someone who wakes up early.		
7. "Tidy up" means to make a place messy.		
8. A "sibling" refers to your brother or sister.		
9. A "relative" is someone who is not related by blood.		
10. A "nuclear family" includes grandparents and cousins.		

11. To "look up to sb" means to admire them.		
12. To "lose contact with sb" means to stop communicating with them.		
13. "Have ups and downs" means to experience both positive and negative moments.		
14. To "be on good terms with sb" means to have a bad relationship with them.		
15. "An early age" refers to being young.		

Exercise 8: Find the words with the CLOSEST meaning of the underlined text.

lose touch	tidy up	make up my mind	drift apart	bonded
call it a day	rely on	are on good terms	take care of	keep in contact

1. She has to look after her younger brother while their parents are at work. _____
2. We need to clean up the living room before the guests arrive. _____
3. I like to end a day by reading a book before bed. _____
4. We come from a close-knit family, so we always support each other. _____
5. Even though we live far apart, we still keep in touch through video calls. _____
6. Over the years, they started to grow apart due to their different lifestyles. _____
7. My co-workers and I get on well, which makes the job much easier. _____
8. You can depend on her for help whenever you're in trouble. _____
9. Unfortunately, I lost contact with my childhood friends after moving to a new city. _____
10. As a manager, I have to make important decisions every day. _____

Exercise 9: Choose the word / phrase that does NOT fit the context.

1. I was _____ in a small town, but I moved to the city when I was ten.
A. responsible B. born C. raised D. brought up
2. My parents always _____ me whenever I face difficulties in life.
A. support B. encourage C. lose contact with D. take care of
3. After a long and stressful day at work, I like listening to music to _____.
A. relax B. make decisions C. unwind D. ease my mind
4. As an _____, my brother wakes up at 5 a.m. every day to go jogging.
A. someone who enjoys mornings B. morning person
C. night owl D. early bird
5. Before an important exam, students often _____ to make sure they wake up on time.
A. do the laundry B. prepare a timetable
C. set an alarm D. make a plan
6. My cousin and I have a _____ because we have known each other for more than fifteen years.
A. strong bond B. close relationship

- C. generation gap D. long-lasting friendship
7. Although we live far away from each other, we still _____ regularly.
A. stay connected B. take each other for granted
C. keep in touch D. keep contact with each other
8. Whenever I have a problem, I usually _____ my older sister for advice.
A. depend on B. turn to C. drift apart from D. rely on
9. My grandparents, parents, and children all live together, forming an _____.
A. nuclear family B. close-knit family
C. extended family D. large family unit
10. Good friends are those who are always _____ when you need help.
A. supportive B. by your side C. socially active D. available
11. Teenagers and their parents sometimes argue because of the _____ between them.
A. family tree B. difference in values
C. generation gap D. difference in viewpoints
12. Every relationship has its _____, but understanding each other can help solve problems.
A. difficult periods B. family members
C. challenges D. ups and downs
13. I have always _____ my father because of his honesty and hard work.
A. grown apart from B. respected
C. admired D. looked up to
14. People should not _____ their loved ones because they may regret it later.
A. cherish B. take for granted C. appreciate D. value
15. Everyone in my family helps with household chores such as cooking, cleaning, and _____.
A. doing personal hygiene B. washing clothes
C. doing the laundry D. tidying up

Exercise 10: Use the correct preposition to complete each sentence.

1. Before making an important choice, you should take all factors _____ consideration.
2. My mother is responsible _____ organizing family events.
3. I was born _____ Ho Chi Minh City but grew up in Binh Duong.
4. My grandparents took care _____ me when I was a child.
5. A cup of coffee helps me get _____ the day.
6. My brother is a night owl, while I am an early bird who likes to kick-start the day _____ a morning run.
7. After dinner, I usually tidy _____ my room before going to bed.
8. I always set an alarm _____ 6 a.m. on weekdays.

9. When I have a problem, I usually turn _____ my best friend for advice.
10. My parents have always been _____ my side whenever I needed support.
11. Although we live far apart, we still keep _____ touch with each other.
12. I lost contact _____ one of my cousins after he moved abroad.
13. Teenagers and their parents often disagree because _____ the generation gap.
14. She has been _____ good terms with her neighbors for many years.
15. Children often look _____ their parents as role models.
16. You should never take your family members _____ granted.
17. During difficult times, I rely _____ my siblings for emotional support.
18. Some childhood friends drift _____ from each other after graduation.
19. Despite having many ups and downs, they remained _____ a healthy relationship.
20. My aunt married _____ a large extended family.
21. It is important to socialize _____ people from different backgrounds.
22. My cousin keeps _____ contact with all our relatives through social media.
23. He has been looking _____ his younger nephew since his sister started working abroad.
24. I don't always agree _____ my father, but we respect each other's opinions.
25. We should take the possible consequences _____ consideration before making decisions.
26. She depends _____ her parents financially while studying at university.
27. My niece has looked _____ her older sister since she was a young child.
28. Even though they had a few arguments, they remained _____ good terms.
29. Many people lose touch _____ their classmates after leaving school.
30. My best friend has always been there for me and stayed _____ my side through difficult times.