1. **Scan the article from an education magazine and circle the days of the week.**

EDUCATION

MY DAY AS A UNIVERSITY STUDENT

GREG STEVENS SHARES HIS DAILY ROUTINE AT A UNIVERSITY IN THE USA.

This is my usual daily schedule. I always get up at 7:00 a.m. At 7:30 a.m., I usually go to the gym and work out before my classes start. At 9:00 a.m., I have my first lecture: Politics. It finishes at 10:15 a.m. At 10:30 a.m., I take an Art History course. The class finishes at 12:15 p.m., and I eat lunch before my next one. At 12:45 p.m., I have my Contemporary History course. My seminar finishes at 1:30 p.m., and it is the last one for the day. I often study in the library after my classes. On Monday and Wednesday, I go running in the evening at 6:00 p.m. On Friday evenings, I sometimes go out with friends. On weekdays, I go to bed early, about 10:30 p.m. I need to recover my energy. I am very busy, but I enjoy every day at the university!

S-E SKILLS

It is important to have a daily routine, but it's also important to find free time to do the things you like. That's a healthy habit too.

2. **Number the days of the week in the correct order.**

Friday ____ Tuesday ____ Saturday ____ Wednesday ____

Monday _1_ Thursday ____ Sunday ____

FOCUS

The days of the week in English are capitalized.

3. **Read the article in Activity 1 and complete Greg's schedule for Monday.**

Time	Monday	Time	Monday
7:30 a.m.		12:15 p.m.	
9:00 a.m.		12:45 p.m.	
10:30 a.m.		6:00 p.m.	

4. **Label the clocks with the times in the boxes.**

six o'clock in the evening | quarter past noon | quarter to one in the afternoon | half past ten at night

A

B

C

D

_____ _____ _____ _____

LIVEWORKSHEETS