

Do the right thing

When you think about heroes, what do you imagine? You probably think of fearless people who have little concern for their own ¹ in the face of danger, who rarely act out of ², serving instead the interests of others. You don't usually associate such ³ with 'selfish' teenagers, who are often called the 'me generation' because of their ⁴. If they do something brave, they are probably protecting themselves and acting in ⁵. However, despite the bad press, there are plenty of teens who do the right thing.

When it comes to ⁶, or putting yourself at risk for others, it's hard to beat two teenage cousins from New York, who saved a family of four from a house fire in their neighbourhood. In the face of extreme danger, the quick-thinking teens remained cool and calm. They showed ⁷ by not panicking, screaming or overreacting. Instead, they ran to the house, broke the door and guided the family out.

In an incident near Manchester in the UK, a teenager was walking home from work when he witnessed a car crash. He immediately stopped and ran to help the two women trapped in the car. He helped to free one of them after checking she had no spine or back injuries and helped the other woman remain calm until paramedics arrived. He acted quickly and knew he could use first aid skills and knowledge he had learned. At that moment, he believed he could make a difference in a dangerous situation. And he was right - his courage and ⁸ helped to save two people's lives.