

## The Positive Impact of Technology on Family Life

Nowadays, technology plays an important role in (1) ..... everyday lives. (2) ..... it is sometimes criticised (3)..... reducing face-to-face communication, I believe it can have a very positive impact (4)..... family relationships.

Firstly, technology makes (5).....easier for families to stay in contact (6)..... they live far apart. For example, video calls allow parents, children and grandparents to see and talk to each (7)..... regularly. As a result, family members can feel closer (8) .....the distance.

Secondly, technology can help families spend more quality time together. There are many activities (9) .....relatives can enjoy using technology, such as playing video games, watching films or cooking by following an online recipe. (9)..... activities can create enjoyable, shared experiences and strengthen relationships.

Finally, technology can make family life more organised. Family members can use shared calendars, messaging groups and reminder apps to arrange activities, remember important dates and divide household responsibilities, all of (10) .....can reduce misunderstandings and make everyday life easier.

In conclusion, technology can strengthen family relationships (11) ..... improving communication, creating opportunities to spend time together and helping families organise (12) ..... lives more effectively.