LISTENING ACTIVITY

Daily Routine:

Listen, Catch, and Discover!

Name: _____

Class: _____

Date: _____

Topic: Daily Routines

Focus: Simple Present Tense

Skill: Listening

Grade: 8

PART 1 BEFORE LISTENING

What Is a Daily Routine?

Before watching the video, think about your own daily routine.

A Complete the sentences.

1. I usually _____ at _____.
2. I _____ breakfast in the morning.
3. I _____ to school.
4. I _____ English at school.
5. I _____ at night.

B Think!

Look at the verbs in your sentences.

wake up – have – go – study – relax

What do these verbs have in common?

- ☐ They describe actions happening right now.
- ☐ They describe things we usually do.
- ☐ They describe actions that happened yesterday.

My answer: _____

PART 2 FIRST LISTENING

Listen for the Routine

Watch the video once. Do not write complete sentences yet!
Write down five activities that you hear.

1. _____
2. _____
3. _____
4. _____
5. _____

Note! The beginning of the video introduces the speaker's morning routine, including taking a walk, exercising, dental hygiene, and having coffee.

Put Them in Order

Number the activities according to the order in which they happen.

- ☐ Have breakfast
- ☐ Take a walk
- ☐ Wash hands
- ☐ Brush teeth
- ☐ Drink coffee

PART 3 LISTEN & COMPLETE

Catch the Simple Present Verbs

Listen again and complete the sentences.

Morning Routine

1. Every morning, I _____ up at 6:59 a.m.
2. I _____ outside for a morning walk.
3. I _____ my watch.
4. I _____ home.
5. I _____ one pull-up and two press-ups.
6. I _____ my teeth.
7. I _____ my teeth.
8. I _____ the kettle.
9. I _____ down with my coffee.

Grammar Detective

Underline the verbs you have written.

What do they describe?

- ☐ An action happening right now
- ☐ A daily routine or habit
- ☐ An action that happened yesterday

Listen carefully, catch the words, and discover the routine!

LIVEWORKSHEETS

PART 4 LOOK CLOSER AT THE SIMPLE PRESENT

Let's investigate!

Look at these sentences from the video.

- Every morning, I wake up at 6:59 a.m.
- I always drink water.
- I prefer to take a stroll.

What do you notice?

1. "Every morning" tells us that the activity _____.
2. "Always" tells us that the activity _____.
3. "Usually" tells us that the activity _____.

These words are called:

_____

PART 5 ROUTINE OR RIGHT NOW?

Listen carefully and classify the sentences.

Write **R** for Routine/Habit and **N** for Now/Current Action.

1. _____ "I always drink water."
   Why? _____
2. _____ "I'm carrying the bucket."
   Why? _____
3. _____ "I prefer to take a stroll."
   Why? _____
4. _____ "I'm washing my hands."
   Why? _____
5. _____ "I love to go out when everybody else is inside."
   Why? _____
6. _____ "I'm slicing the cucumber."
   Why? _____

REMEMBER!

Simple Present = routine, habit, general truth

Present Continuous = action happening now

PART 6 DISCOVER THE DIFFERENCE

Compare the two patterns.

1 Simple Present

I always drink water.

Form:

Subject + _____

Meaning:

_____

_____

2 Present Continuous

I'm carrying the bucket.

Form:

Subject + _____ + verb-ing

Meaning:

_____

_____

Complete the comparison.

Simple Present	Present Continuous
I drink water.	I am drinking water.
I walk every morning.	I am walking now.
I work every day.	I am working now.
Describes _____	Describes _____

PART 7 FINAL LISTENING CHECK

Listen to the beginning of the video one more time.
Complete the chart.

What I Hear	Verb	Tense	Routine or Now?
1. I _____ up.			
2. I _____ outside.			
3. I _____ my watch.			
4. I _____ home.			
5. I _____ the kettle.			

Think!

Why does the speaker use Simple Present for some activities?

_____

_____

_____

FINAL REFLECTION

Complete the sentences.

Today I discovered that Simple Present is used to talk about

_____

_____

One Simple Present sentence from the video is:

_____

_____

One frequency expression I heard is:

_____

_____

One new verb I learned is:

_____

_____

My listening today:

- ☐ 1 – I need a lot of help
- ☐ 2 – I can catch some words
- ☐ 3 – I understand the main ideas
- ☐ 4 – I can catch most sentences
- ☐ 5 – I listened very well!

Great job! Keep listening, keep practicing, and keep discovering!

LIVEWORKSHEETS