

## Safety Measures During a Weather Disturbance

Directions: Put a check mark on the things that we need to do during a bad weather.

1. Get yourself and your family sufficient food supply.
2. Play under the rain for a long period of time.
3. Tune in to a reliable source of information, such as radio and television, regarding weather advisories
4. Sleep all day and night without checking the news.
5. Eat all the food in the refrigerator during rainy day.
6. Don't play in the floods, you might fall into a deep hole, you can also get sick because flood carry all kinds of wastes.
7. Stay inside the house, you might be hit by flying roof materials, broken trees branches or falling electric posts
8. Bring umbrella or raincoat when the weather is rainy.
9. Store food and drinking water.
10. Keep calm at all times.

