

Name: _____ Date: ____/____/____ Score: ____/100

Homework 19

Health Time!

Topic: The Human Body (Page 26)

Choose the correct option for each question based on the text.

0. What is the body's reaction to fear called?
a) Fear or flee response b) Fight or flight response c) Action or safety response
1. Your heart beats faster when seeing a spider to pump more blood to your:
a) Palms and lungs b) Stomach and digestive system c) Muscles and brain
2. What happens to your mouth when your teacher announces a test?
a) It goes dry b) It waters c) It feels cold
3. In the passage, picking up a weapon to face a wild animal represents:
a) Flight b) Fight c) Phobia
4. Running away from a wild animal represents:
a) Fight b) Flight c) Phobia
5. Why do lungs take in air faster during fight or flight?
a) To cool down the body b) To supply the body with oxygen c) To slow down heart rate
6. What part of the eyes gets larger so you can see more easily?
a) Palms b) Lungs c) Pupils
7. What happens to the digestive system during the fight or flight response?
a) It speeds up b) It stops completely c) It slows down
8. Why does the digestive system slow down during fear?
a) To save energy so you can concentrate on more important things
b) To allow you to eat faster c) To pump blood to your digestive organs
9. Crossing the road when a car suddenly appears is an example of fight or flight acting as an:
a) Early warning system b) Unnatural reaction c) Option to ignore
10. What does the text suggest facing instead of always giving in to fight or flight?
a) Wild animals and weapons b) Fears and phobias c) School tests and roads

Write your answer here.

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b										